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Sports

Tiger Woods drops out of own tourney

pg 18



Entertainment

Dita Teeses new DVD

pg 25



Overnight ban on parking starts soon

WEATHER It's a sure sign that winter is almost upon us.

The dreaded overnight parking ban will come into effect in the Halifax Regional Municipality at 1 a.m. on Dec. 14.

According to a release issued by the municipality yesterday, any vehicle left parked on the street between 1 a.m. and 7 a.m. starting on that date will be subject to a $50 fine. If the fine is not paid within 60 days, it will increase to $82.96.

In the event of a snowstorm before Dec. 14, residents are being asked not to park on the street as it interferes with snow clearing operations.

METRO HALIFAX

News on the Move

What's this barcode for?
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Local pg 6



Farmers get a green market

On the web
Visit metronews.ca for news updates

Rainmen Camp roster



RYAN TAPLIN/METRO HALIFAX

Halifax Rainmen guard Tony Bennett defends former University of Michigan player Javohn Shepherd during a scrimmage at Citadel High yesterday. The Rainmen unveiled their training camp roster yesterday and will play their preseason opener on Dec. 19. Story, page 16.

Money for nothing

Province pays politicians to head committees even if they never meet

PAUL MCLEOD
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Some provincial politicians are being paid thousands of dollars every year to head committees that never actually meet.

Premier Darrell Dexter will be paid $2,060 to chair the Internal Affairs Committee this year. He took over from former premier Rodney MacDonald, who replaced John Hamm — and so on.

This committee hasn't met since Oct. 25, 1994.

Every year, the Speaker of the House gets $3,060 for chairing the Assembly Matters Committee. Its last meeting was four-and-a-half years ago — April 5, 2005.

The rules state committee chairs are to be paid two or three thousand dollars annually regardless of whether a committee does any work. Vice-chairs are paid $515.

Most committees have a regular schedule, such as meeting once a month. But others have to be specially called.

The Internal Affairs Committee would only meet in the event of some disagreement about rules on the floor of the legislature.

"My understanding is it hasn't met because there hasn't been a major issue of concern to address," said current house speaker Charlie Parker. "So maybe that's a good thing. But it still has to be there in case there is a need for it."

> **"(The committee) hasn't met for a number of years."**
> Charlie Parker, Assembly Matters chair

Parker spoke for Dexter, who was in Vietnam on a business trip and couldn't be reached for comment.

Parker said there has been some talk about changing the rules, but Dexter would have to speak to that.

Parker didn't want to comment on the optics of being paid to chair the dormant Assembly Matters Committee as the NDP looks to cut spending.

"It hasn't met for a number of years and I've only been speaker for a few months," he said. "But no, I think there is a willingness to get this committee up and going again."

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Local



December the Month of the Lobster

The province proclaimed December as the Month of the Lobster yesterday. Announced on the start of a new lobster season in Nova Scotia, Fisheries and Aquaculture Minister Sterling Belliveau made the proclamation at a breakfast with fishermen in Cape Sable Island. Lobster is getting its own month to recognize its value and importance to the province. A government release said lobster is worth $400 million to the Nova Scotia economy. METRO HALIFAX

2009 Festival of Media Awards
METRO INTERNATIONAL NEWSPAPER OF THE YEAR

Attempted murder charges laid after home invasion

CRIME A 59-year-old man and an 18-year-old woman are each facing several charges including attempted murder after police say a violent home invasion in Eskasoni over the weekend resulted in a 27-year-old being seriously injured.

RCMP say the incident took place at 4:40 a.m. Sunday in the First Nations community outside of Sydney. The victim remains in hospital in stable condition with non-life-threatening injuries.

Sylvester Paul of Malagwatch appeared in Sydney provincial court yesterday, also charged with break and enter and theft.

The 18-year-old woman from Eskasoni faces the same charges and remains in police custody. She will appear in court at a later date. METRO HALIFAX

metronews.ca
WHAT'S ONLINE TODAY

Video Footage of Romania's president allegedly punching a child has rocked the country's election campaign at **metronews.ca/world**

Blogs Sexcetera marks World AIDS Day with some sobering statistics about the disease's impact on Canadians



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RYAN TAPLIN/METRO HALIFAX

An RCMP officer walks behind a bullet-riddled car in North Preston early yesterday morning. A 19-year-old was taken to hospital after suffering non-life-threatening gunshot wounds.

Man hurt in shooting

North Preston incident on heels of earlier gun violence

MONIQUE MUISE
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Shots rang out again in North Preston early yesterday morning — this time sending a 19-year-old to hospital with non-life-threatening injuries.

RCMP spokesman Cpl. Joe Taplin said the young man was seated inside a white Chevrolet Lumina on Cain Street when he was reportedly struck several times.

"He, or somebody else, drove (the car) down to the end of Cain Street ... where he got medical assistance and was taken to the hospital," Taplin said. "We were informed around 12:45 a.m. by hospital staff that they had a gunshot victim."

Police found the car still parked at the end of Cain Street and seized it as evidence.

Taplin said the victim initially spoke with RCMP officers, but then stopped co-operating entirely. He has since been released from hospital, Taplin added, and is not facing any charges.

The incident is the fourth shooting in two months and comes just two weeks after about 150 North Preston residents and their supporters came out to protest a surge in gun violence in the tight-knit community.

In two separate incidents in October, a 24-year-old man was admitted to hospital with non-fatal gunshot wounds and a family narrowly escaped injury after bullet fragments ricocheted into their home.

"We're looking at (Sunday's) shooting to see if there is any connection with previous shootings in the area," Taplin said. "There were numerous bullet casings that have been seized by the RCMP forensic team."

While officers continued their investigation, a clean-up crew was working just a few blocks away at Nelson Whynder Elementary School to repair damage caused during an overnight break-in. Taplin said someone forced their way into the school Sunday evening and emptied several fire extinguishers. The school remained closed for the day yesterday.

Police do not believe there is any connection between the break-in and the shooting, said Taplin, and have not identified suspects in either incident.

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No gun found after scare at Citadel High School

FALSE ALARM Reports that someone had entered Citadel High School with a gun sent police rushing to the school yesterday afternoon — only to discover the story was false.

Halifax Regional Police said in a release they received a call from a third party around 1:30 p.m., but when officers arrived on the scene, they were told by staff there was no evidence of a gun inside the school.

"As the investigation unfolded, it was determined that the initial complainant, who was not at the school, had received the information fourth or fifth hand," the release said. "Police cleared the scene shortly thereafter."

Police were last called to the school on Nov. 16 in response to a stabbing on school property. A 16-year-old has been charged in connection with that incident. METRO HALIFAX

N.S. Power gets green light to build Colchester wind farm

ENERGY Nova Scotia Power has been given the go-ahead to build a $120-million wind farm in Colchester County.

The Nova Scotia Utility and Review Board, in a decision released yesterday, says it's satisfied the Nuttby Mountain wind project is in the best interest of ratepayers and should proceed.

The project involves buying and installing 22 turbines, and constructing a new substation and transmission interconnection.

The turbines will produce enough energy to power approximately 15,000 homes.

Nova Scotia Power bought the development rights for Nuttby Mountain from EarthFirst Canada Inc. earlier this year after the Calgary-based company fell into financial difficulties. THE CANADIAN PRESS

Spring Garden Area's Quick Facts

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Musical family to receive honorary award

Cape Breton's The Rankin Family was named one of three recipients for the 2010 Honorary Awards being presented at the East Coast Music Awards in Sydney next year. Scotty Turner and Billy Cornelia MacLeod will also be honoured during an industry awards brunch in Membertou March 5. METRO HALIFAX

Rail strike affecting Halifax port authority

PAUL MCLEOD
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A strike by CN Rail workers has caused increasing delays at the Halifax Port Authority.

Port officials said yesterday delays started subtly on Saturday, which was Day 1 of the strike. A train was held back by two hours, they said

That delay jumped to 16 hours by Sunday. Normally a train is scheduled to enter the Halifax port every morning and leave every evening. But the train scheduled for 10:20 a.m. Sunday didn't get in until 2 a.m. Monday.

That meant the scheduled departure for Sunday evening didn't take place until a full day later last evening.

"We are beginning to see some impacts on port operations. Basically CN, the terminal operators and the Halifax port Authority are working together to maintain rail service," said Halifax Port Authority spokeswoman Michele Peveril.

Peveril said just because the delays have steadily escalated so far, doesn't mean they will keep expanding. She said each day has a different set of factors.

She said there hasn't been a decrease in business yet but the delays have been significant.

"Rail service is critical to the port of Halifax because about 70 per cent of our containers move from ships onto rail and then to inland markets such as the midwest United States, Ontario, Quebec," Peveril said.

Parliament Hill

- In Ottawa the Conservatives made a move to end the strike yesterday when they introduced back to work legislation in the House of Commons. The bill would force the 1,700 striking engineers to return to their jobs and send the outstanding issues to binding arbitration.

Tourism strategists sets sights on both sides of border and across pond

RELEASE Devoting attention to the Canadian market, mid-Atlantic American states and the United Kingdom are among the strategies to build the tourism industry in Nova Scotia.

These details were revealed yesterday at the 2009 Tourism Summit taking place at the World Trade and Convention Centre in Halifax.

A release yesterday said the 2010 advertising campaign will also build on the successful 2009 "heroes" theme that uses Nova Scotians to tell the stories of the province's unique and compelling history.

METRO HALIFAX



RYAN TAPLIN/METRO HALIFAX

Dalhousie students carry a large banner calling for climate change action at the university campus yesterday.

'We see our future threatened'

Dal students demonstrate in leadup to Copenhagen

MONIQUE MUISE
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Decked out in green and hoisting an enormous banner, about 25 students from Dalhousie University staged a demonstration yesterday to demand a greener future for themselves and Canadians across the country.

The students, who were rallying in advance of the upcoming United Nations Climate Change Conference in Copenhagen, Denmark, walked together through Dal's main campus, chanting and cheering as they marched. At one point, several pulled out their cellphones and called Prime Minister Stephen Harper's office to express their desire to see the Conservative government take a stronger stance on climate change.

"The generation controlling things now doesn't have the same impetus as we do to create a stable future."
Will Horne, fourth-year student

"As young people, we see our future as threatened by climate change and we need to move to a green economy," said Emily Rideout, a third-year student at Dalhousie who will be heading to Copenhagen herself in a few days. "We don't want to have to go to Alberta to work in the tar sands to make money. We want to stay in Nova Scotia and have jobs that are not detrimental to the environment."

Rideout said she was pleased with Harper's recent about-face on his attendance at the Copenhagen conference, set to begin next Monday. He announced last week that he would join U.S. President Barack Obama and Chinese Premier Wen Jiabao at the talks.

"We're very grateful that he is going," Rideout said. "Not sure what his presence will accomplish there, but it's a good sign that Canada is at least willing to go and participate."

Forth-year student Will Horne also attended yesterday's rally, and said he remains cautiously optimistic about Canada's role in Copenhagen.

"The generation controlling things now doesn't have the same impetus as we do to create a stable future," he said. "But in the past couple of weeks there have been some baby steps in the right direction."

Inquiry into Hyde death resumes

QUESTIONS The Nova Scotia inquiry into the death of a mentally ill man in police custody will resume today after a month-long break.

Howard Hyde died Nov. 22, 2007, at the Central Nova Scotia Correctional Facility in Burnside, a day after he was Tasered by police.

The inquiry began in July and is attempting to determine why the 45-year-old schizophrenic never received the psychiatric help he needed and to recommend ways to prevent similar deaths.

The probe has heard the 45-year-old musician, who had not been taking his medication, was arrested for an alleged assault and taken into custody.

A medical examiner concluded Hyde died from a condition known as excited delirium stemming from paranoid schizophrenia.

The corrections officer who was in charge at the time of the death told the inquiry earlier he was unaware Hyde had schizophrenia. THE CANADIAN PRESS



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News in brief

OBIT The Nova Scotia government is extending condolences to the family of a well-known labour leader in the province. Gerald Yetman, the first full-time president of the Nova Scotia Federation of Labour, died Friday. Acting premier Bill Estabrooks said yesterday Yetman was a driving force in Nova Scotia's labour movement since the 1960s. Estabrooks added his contributions to a number of unions and service during the Second World War, will not be forgotten. METRO HALIFAX

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Rollins to visit Cohn

Henry Rollins' Frequent Flyer Tour is coming to Halifax for a show at the Rebecca Cohn Auditorium on Friday, March 19 at 8 p.m. Tickets go on sale Friday at the Cohn box office and cost $30, plus service charges. For more information, phone 494-3820. METRO HALIFAX

Operation Red Nose off to strong start this year

ALY THOMSON
for Metro Halifax

FREE RIDE Organizers of Operation Red Nose say they're off to a great start, raising almost $1,200 dollars in its first weekend.

The program is designed to drive people home if they've had too much to drink. Last Friday and Saturday, 70 cars and 153 passengers were kept off the roads and highways as teams of volunteers shuttled five or more rides home each.

"I think we had a little bump in the funds raised, so we definitely saw very generous patrons out this weekend," said Corinne MacLellan, regional co-ordinator for Operation Red Nose.

MacLellan said the campaign is on par with what is expected in the first weekend. On Friday and Saturday, 43 volunteers worked on 12 teams to drive more than 2,200 kilometres.

"Historically our third weekend is the busiest weekend and we are geared up," she said. "We have plenty of volunteers, but we're always happy to welcome more."

Funds raised by Operation Red Nosed are donated to safe grad programs in the Halifax Regional School Board. The Insurance Bureau of Canada will match the total funds raised.

Last year, the campaigned raised more than $15,000.

RIDE contact info

- Haligonians can call Operation Red Nose at 481-RIDE for the next three weekends between 9 p.m. and 2:30 a.m.



ANDREW VAUGHAN/THE CANADIAN PRESS

Joan Lowther arranges produce at the family stand at the Halifax Farmers' Market in Halifax on Saturday. The market will move to a new location on the waterfront next year and will be housed in an ecologically state-of-the-art facility that will provide most of its energy through solar, wind and geothermal power.

Market goes state of the art

Gone will be crowded aisles and wasted energy

The scent of Bavarian sausages mixes with that of pine boughs and freshly pressed cider as people snake through the year-round Halifax Farmers' Market one typical Saturday morning.

Customers wait in lines or steer their way around bottlenecks that have become an endearing — to some, annoying — trademark of the venerable old haunt. The low din of casual greetings and the invariable "I'm sorry" and "excuse me" fill the brick-walled rooms as shoppers negotiate their way down the lanes.

But the lineups that clog the warren of alcoves and nooks are likely to become a thing of the past when the market leaves its home next year and settles into an ecologically state-of-the-art facility on Halifax's waterfront.

"Everyone has a sense of the market — the stone arches, the old charm and none of that will be there," said Fred Kilcup, manager of the market.

With the charm, however, goes overcrowding and inefficient use of energy.

"The new building is getting attention worldwide ... it's certainly at the forefront of construction issues."

The new Seaport Market is being built near the Pier 21 historic site. It plans to open next summer, after a series of delays while organizers arranged financing.

The building — a massive 4,050 square metres, almost double the current space — is designed to provide most of its own energy through wind, solar and geothermal.

Keith Tufts, the project's Halifax-based designer, said four turbines on the structure's "green" roof will harness the wind that blows in through the mouth of the harbour to generate the bulk of the building's electricity. Solar thermal and geothermal energy will heat hot water and the building.

Rainwater will also be collected on the roof to irrigate gardens, wash the floors and flush the building's toilets. The green roof, covered in drought-tolerant plants, will shed heat in the summer, eliminating the need for air conditioning, Tufts said.

Four solar lanterns or light towers on the front of the building will bring in light and heat year-round.

THE CANADIAN PRESS

The cost of efficiency

- The building's base construction cost is pegged at $11.5 million, with all three levels of government kicking in.



Deputy minister resigns for university job

POLITICS Nova Scotia's deputy minister of education has announced his resignation to become acting president of St. Thomas University in New Brunswick.

The Fredericton-based university announced yesterday Dennis Cochrane will become its interim president and vice-chancellor as of January.

Cochrane was Nova Scotia's deputy minister of education for 10 years. He'll resign officially on Jan. 18.

Andrea Seymour, chairwoman of St. Thomas University's board of governors, says Cochrane brings a wealth of education and administrative experience to the job

The university says the appointment will be until July 1, 2011, when a president and vice chancellor is expected to be in place.

Cochrane succeeds Michael Higgins, who resigned in August to write two books and a documentary series, as well as conduct research in the field of Catholic higher education.

THE CANADIAN PRESS

Halifax RCMP town hall meeting in Fall River tonight
Fall River is the site tonight of the latest Halifax RCMP town hall meeting. The event begins at 7 p.m. and takes place at the Gordon R. Snow Community Centre. These meetings having been taking place across HRM as residents can voice any concerns they have about policing issues. METRO HALIFAX

Police seek suspects in hit-and-run

ALY THOMSON
for Metro Halifax

Halifax Regional Police are still looking for three suspects after a hit-and-run over the weekend sent two officers to hospital.

Police are asking for the public's aid in finding the vehicle alleged to be involved in the incident. Police also released a description of the driver yesterday — a male between 20 and 25 with close cut brown hair and a young-looking face.

Police say the officers were making a regular stop at an impaired driving checkpoint at around 3 a.m. on Sunday, Staff Sgt. Brenda Zima told Metro on Sunday.

"The officers approached ... and attempted to engage the driver in conversation and the vehicle immediately took off," Zima said. "It was a very dangerous situation."

Police say the two officers, one of whom was dragged along the ground a short way, were not able to pursue the vehicle or take down the licence plate as the vehicle fled the scene. The officers were sent to hospital and later released. Zima said three adult males were in the vehicle.

Police described the vehicle as a late 1990s-2000 Jeep Grand Cherokee — a two-toned model with light grey on top and dark grey on the bottom. There should be scratches on the driver's side of the vehicle,

Anyone who may have witnessed the incident or seen the suspect vehicle in the area are asked to contact police at 490-5016 or anonymously through Crime Stoppers at 1-800-222-8477.

Video released of wanted vehicle

• Halifax Regional Police released a short video yesterday of the vehicle they say struck two officers who were conducting stops for impaired drivers at the Macdonald Bridge early Sunday morning. The grainy video taken from a Metro Transit surveillance camera shows the suspected vehicle quickly driving past an empty bus terminal on Wyse Road in Dartmouth some time after the two officers were struck.

News in brief

DARTMOUTH A 50-year-old woman faces several charges including impaired driving and leaving the scene of an accident after police responded to a hit-and-run in Dartmouth late Sunday. Police say the incident took place on James Street as witnesses saw a mini van drive into the back of a parked half-ton truck, which then pushed forward and crashed into the rear of another parked car. A short time later, police say they pulled over the mini van and arrested the 50-year-old, who is also charged with refusing a breathalyzer. METRO HALIFAX

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NOVA SCOTIA

Man in critical condition after breaking in to Hydro-Quebec plant

A would-be thief is in critical condition after getting electrocuted while trying to snatch copper wires from a Hydro-Quebec distribution station. Quebec provincial police say the 23-year-old was found by employees for the power utility at the Baie-Comeau plant. THE CANADIAN PRESS

Canada



Hunger striker freed

A hunger-striker accused of terrorist links has once again been ordered freed from prison under strict conditions. In a decision released Monday, Federal Court Justice Edmond Blanchard said Mohamed Zeki Mahjoub can leave a holding centre at Bath, Ont. — as long as he wears a monitoring bracelet and honours other restrictions. THE CANADIAN PRESS

Lindhout tried to escape: Firm

Hostage negotiation group says captivity worsened for journalist after she fled

Canadian Amanda Lindhout's days while held captive in Somalia got darker after a foiled escape attempt in which she and a fellow hostage fled to the steps of a mosque before being recaptured, says a man hired to help negotiate her freedom.

Lindhout and Australian Nigel Brennan were held together in relative comfort before they loosened the bricks in the walls that held them early one morning in January, says John Chase of the U.K. hostage negotiation group AKE.

The two slipped out and made a dash for freedom, reaching a nearby mosque before their captors caught them again, he says.

"Some people were too scared to help them and the gang caught up with them. There was actually a story of some people trying to help them that got beaten down and they got recaptured," Chase said in an interview with The Canadian Press from London.

"From that point on, things got a lot worse for them. They were shackled (and) kept in separate rooms."

Rumours were often spread by the kidnappers and others about the two journalists after they were snatched by armed gunmen by the side of the road in a lawless area south of Mogadishu in August 2008.

The pair were released last week after 15 months in captivity after a ransom was paid.

The Canadian government has refused to comment on what, if any, role it played in the release while Lindhout's parents said in a statement last week they wouldn't comment until she had some time to heal from the ordeal.

THE CANADIAN PRESS



GOVERNMENT OF SOMALIA PHOTO

Freed hostage journalists Canadian Amanda Lindhout, left, and Australian Nigel Brennan sit together after their release from captivity in Mogadishu on Thursday.

Hostage insurance

- AKE provides training for journalists and others who venture into war-torn countries and usually works exclusively for insurance companies that cover organizations with kidnapping insurance for its workers.

Tories blasted for saying critics in torture case don't support troops

CONTROVERSY The Harper government is once again calling in the troops in an effort to smother the public debate over the treatment of Afghan detainees.

Besieged by questions over the detainee issue for a third consecutive week, the Tories mounted an offensive yesterday, accusing their critics of maligning Canada's soldiers. That prompted an immediate opposition counter-attack.

Liberal Leader Michael Ignatieff called it a "disinformation campaign" and accused the government of "hiding behind our soldiers." Bloc Leader Gilles Duceppe said the Tories are pushing an argument of "astounding simplicity" that is beneath a prime minister. And NDP Leader Jack Layton accused the Conservatives of "trying to change the channel."

"This has never been about troops," Layton said.

Liberal foreign affairs critic Bob Rae called the tactic "frankly reprehensible," arguing that how Canada handled Afghan prisoners is a "critical question for the success of our mission." He added: "We don't believe in corruption. We don't believe in torture. We don't believe in these things as a country."

THE CANADIAN PRESS

Immigrants may get OK for credentials sooner

LABOUR Foreign-trained workers will be told within one year of applying whether their credentials will be accepted in Canada under a framework announced yesterday that opposition critics argued doesn't address systemic barriers to immigrants.

While the Liberals and New Democrats highlighted what they called deficiencies in the scheme, at least one stakeholder group lauded the Conservative plan on foreign credentials.

Beginning Dec. 31, 2010, foreign-trained architects, engineers, pharmacists, physio and occupational therapists and registered nurses will be among the groups that fall under the framework. Doctors and others are slated to be included in the one-year timetable by the end of 2012.

"We want a system that is fair, that's consistent, that's efficient and that's accessible," Human Resources Minister Diane Finley said.

"We want to encourage newcomers to put their talents to work here and we can make it happen sooner."

The new framework also pledges that federal, provincial, and territorial governments will strive to create better services for immigrants before they arrive in Canada and once they're in the workforce.

The governments will work with regulatory bodies, colleges and universities, and other "key partners" to make the changes happen, Ottawa said.

The one-year timetable will be difficult to fulfil because the federal government has no real control, said Liberal immigration critic Maurizio Bevilacqua.

It's provincial bodies, which are under the control of the provincial governments, that are responsible for making the final decision of approving foreign credentials, he said.

THE CANADIAN PRESS

Better services

- The new framework also pledges that federal, provincial, and territorial governments will strive to create better services for immigrants before they arrive in Canada and once they're in the workforce.

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SCANLIFE

While many companies rush to trim payrolls, Google woos job-seeking Canadians, who they say are among the world's "most engaged" surfers. Scan this barcode for the full story.

Weather **Record-high November**



TONY BOCK/TORSTAR NEWS SERVICE

Flowers are still in bloom on Millwood Road in Toronto's Leaside neighbourhood. This past month marks the first time in over 160 years that it has not snowed in the city during the month of November.

N.L. wants Quebec to revisit hydroelectric project

FALLS Newfoundland and Labrador is again calling on Quebec to renegotiate the terms of the 40-year-old contract to develop the Churchill Falls hydroelectric project, after decades of failed efforts to revisit the deal.

The head of Newfoundland and Labrador's energy corporation has asked Hydro-Quebec to enter talks to renegotiate the pricing terms of the contentious 1969 deal to develop the Churchill Falls hydroelectric project.

Nalcor Energy president Ed Martin says the terms of the deal, which don't expire until 2041, allow Quebec to buy Labrador's energy for a small fraction of its real commercial value.

Martin said the new effort to revisit the terms is based on legal advice he feels compelled to follow.

THE CANADIAN PRESS

Humane society to remain shut for another week

CHARGES The OSPCA says its investigation of the Toronto Humane Society will keep it closed for at least another week.

Lawyer Christopher Avery says the warrant is very broad in scope and the search of the facility could take at least another week, as there are thousands of documents to sift through. The OSPCA raided the humane society last Thursday and said it found animals in such poor health that seven had to be put down.

The raid resulted in animal cruelty charges against five employees, including the agency's president.

THE CANADIAN PRESS

Dozens of channels viewed on demand with Rogers
Rogers launched a beta online video streaming service, with TV shows, movies and music videos on demand. THE CANADIAN PRESS

Earth faces crisis: Poll

Most Canadians think climate change is the planet's defining crisis, a new poll suggests.

But the survey also indicates that nearly two-thirds of those surveyed think humans will be able to adapt to it, and about half believe the money Canada spends on climate change would be better spent on health care and national debt.

The Harris-Decima poll conducted on behalf of the Munk Debates reflects the dichotomy among Canadians who have long put environmental issues at or near the top of their concerns while balking at the economic adjustment that would be required to attain environmental goals.

The survey results also provide a vivid example of the regional differences of opinion on the environment. The belief that climate change is the Earth's defining crisis is held most strongly in Quebec and less so in the Prairies.

The poll asked Canadians if they agreed or disagreed with a resolution to be debated today during the fourth Munk Debate in Toronto, that: "Climate change is mankind's defining crisis, and demands a commensurate response."

67% Polled women who agree with a resolution that "Climate change is mankind's defining crisis, and demands a commensurate response" versus 63 per cent of men.

Nearly two thirds of Canadians agreed while 31 per cent disagreed. A tiny fraction had no opinion.

"I think it shows the extent to which not just the environment, but the actual issue of climate change, has ascended up the public agenda to point where it is reminiscent of those other big causes that have shaped a lot of Canadian history," said Rudyard Griffiths, co-organizer of the Munk Debates.

Across the provinces, more Quebecers and Atlantic Canadians agreed that climate change is the defining crisis,

The survey found a strong belief on both sides of the climate-change debate that there is a moral responsibility to deal with global warming now to save the planet future generations. The online poll of 1,009 Canadians was conducted Nov. 12 to 15. No margin of error was provided. THE CANADIAN PRESS

Recession takes heat off strike

CN The recession has taken some of the sting out of a strike by Canadian National Railway locomotive engineers as transportation demand is far below where it was during a similar dispute two years ago, industry analysts said yesterday.

Individual sectors may feel the heat of a protracted strike, but fears about the impact on the overall economy have been overblown, says Brian Yarbrough of Edwards Jones.

Canada's largest rail operator is running smaller and fewer trains as shipping volumes are lower than in 2007 when it endured a two-month strike by conductors.

"It shouldn't be as big an impact as last time because the network was running with a lot more items on the rail at that time," he said in an interview.

The federal government introduced legislation yesterday that could be passed within days that would order 1,700 unionized employees back to work and send the dispute to binding arbitration. It claims the strike could have "serious repercussions" for a still-fragile national economy.

THE CANADIAN PRESS

Role denied in Mumbai attack

BOMBING A Pakistani-born Canadian businessman is denying he had anything to do with last year's Mumbai attacks that killed 166 people.

His lawyer, Patrick Blegen, says Tahawwur Rana "categorically denies involvement in the tragic events in Mumbai of Nov. 26, 2008."

In a statement Blegen adds his client, who is scheduled to appear for a bail hearing in Chicago tomorrow, harbours no ill will against the people of India and continues to have close family ties to the country.

Tahawwur Rana "categorically denies involvement in the tragic events in Mumbai of Nov. 26, 2008."
Lawyer Patrick Blegen

The FBI reportedly is probing whether Rana and American David Headley were involved in the Mumbai attacks but neither has been charged in the bombings.

The FBI alleges the two were part of a conspiracy to attack a Danish newspaper that drew the wrath of Muslims the world over in 2005 when it published cartoons of the Prophet Muhammad.

Those allegations saw Rana arrested on Oct. 18 in Chicago and charged with one count of conspiracy to provide material support to a foreign terrorism conspiracy.

Blegen says in recent years Rana's career has been geared toward assisting members of the Hindu and other communities to become legalized and established in the U.S. and Canada.

He says Rana has worked hard and travelled extensively to attempt to build his business, and that the Indian communities in Chicago, New York and Toronto are a testament to his hard work.

THE CANADIAN PRESS

Elephant herd's matriarch dies

TORONTO ZOO Tara the elephant was found lying down yesterday morning and staff could not get the 3,855-kilogram animal back on her feet.

They say Tara, a 41-year-old African elephant, died unexpectedly and had not exhibited any recent signs of ill health, and that a post-mortem will be conducted to determine a cause of death. Zoo officials say staff who worked with her are devastated.

The average lifespan of elephants in captivity is 40 to 45 years.

THE CANADIAN PRESS

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the Bay

Motorized bar stool involved in DUI up for sale

A motorized bar stool that got an Ohio man arrested for drunken driving goes up for auction this week on eBay. Twenty-nine-year-old Kile Wygle was charged with driving under the influence after he crashed the contraption in March in Newark, Ohio. THE ASSOCIATED PRESS

World



Chelsea Clinton gets engaged

Chelsea Clinton, left, the 29-year old daughter of former U.S. president Bill Clinton and Secretary of State Hillary Rodham Clinton, has become engaged to her longtime boyfriend, investment banker Marc Mezvinsky. The couple sent an email to friends Friday announcing the news. They said they were looking at a possible wedding next summer. Matt McKenna, a spokesman for the former president, confirmed the engagement yesterday. THE ASSOCIATED PRESS

Obama unveils new plans for Afghanistan

Thousands more U.S. troops to be deployed

U.S. President Barack Obama ordered military officials to begin carrying out his new strategy in Afghanistan, two days before his speech to unveil a plan that includes the deployment of thousands more troops.

White House spokesman Robert Gibbs said the rollout began Sunday after Obama spoke with senior officials, including Secretary of State Hillary Rodham Clinton, Secretary of Defence Robert Gates, National Security Adviser James Jones and Gen. Stanley McChrysta

Gibbs said it was at that time that the order for the military to go ahead with new deployments became official.

Obama is outlining his decision to an increasingly skeptical U.S. public tonight in a nationally broadcast television address from the U.S. Military Academy. The strategy will include deploying thousands more American forces to Afghanistan, clarifying why the U.S. is fighting the war and laying out a path toward disengagement.

THE ASSOCIATED PRESS

Partnership with Pakistan

- Another facet of Obama's plan appears to be an expanded partnership with Pakistan as part of U.S. pressure on that country's shaky government to do more to root out extremists based along Pakistan's borders with Afghanistan.

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SCANLIFE

Video showing Romania's president allegedly punching a child has dominated that country's national election campaign. Scan this barcode for the full story.

Morocco **King slays a sheep**



THE ASSOCIATED PRESS

Morocco's King Mohammed VI, centre, slays a sheep in accordance with Muslim tradition for the Eid al-Adha feast, in Fez, Morocco, on Saturday. Eid al-Adha is a holiday celebrated by Muslims to commemorate the willingness of Abraham to sacrifice his son as an act of obedience to God.

News in brief

VOTE Uruguay's president-elect Jose Mujica retreated to his flower farm and shunned the spotlight yesterday, saying that dumping more talk on Uruguayans after a speech-filled campaign "would be like raining on what is already wet."

MANHUNT A Seattle special tactics police team stormed a house yesterday where they thought they had cornered for hours a man suspected of killing four police officers at a coffee shop, only to find that he wasn't there. The discovery added new urgency to the manhunt for Maurice Clemmons.

GINGER DAY Three boys have been arrested for investigation of bullying red-haired students after a Facebook message promoted "Kick a Ginger Day" at a Southern California school. Los Angeles County sheriff's spokesman Steve Whitmore said yesterday that two 12-year-olds were arrested for suspicion of battery, and a 13-year-old was booked for cyberbullying. THE ASSOCIATED PRESS



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Comment

Playing the demagogic patriot game



One of the leading rules of politics is to keep it simple. Reduce complex issues down to elementary terms that all earthlings, no matter what their degree of cranial endowment, can understand.

American Republicans have been especially good at this tactic. Most notably on the subject of the military they have often played the patriot card effectively. Ronald Reagan made a career out of it.

This may help explain why the Harper Conservatives have been going that route on the Afghan detainee file. Their pitch? If you believe diplomat Richard Colvin on detainee torture, you're either a Taliban supporter or guilty of not supporting our troops.

This line of reasoning, they must know, is intellectually infantile. The Tories have no monopoly on patriotism. Opposition MPs are vocal supporters of the military.

In any case, no one is above criticism, not even people in uniform. That kind of immunity is fine for dictatorships, not for this country. Military men and women are human, make mistakes like everybody else and should be subject to questions like everyone else.

But this didn't stop Stephen Harper from telling naval officers in Port of Spain on Sunday that some in the political arena have been "throwing the most serious of allegations at our men and women in uniform based on the most flimsy of evidence." Despite these ingrates, he said, Canadians "are proud of you and stand behind you and I am proud of you and I stand behind you."

Liberal Leader Michael Ignatieff was quick, as he should have been, to hit back, saying the innuendo suggesting Liberals were not behind the forces was beneath the office of the prime minister.

What the Tories are doing with their militarization of the country, said Keith Martin, the Liberal MP who used to sit with the Alliance party, is build the military men into heroes and then demolish anyone who dares breathe an unfavourable word.

On the detainees question we don't know which side is correct. The Conservatives are hunkering down. They are not releasing results of Canadian military police investigations in Afghanistan. They've stonewalled the Canadian Military Police Complaints Commission on the issue. They declare important correspondence off limits because of national security.

This gives the impression they have something to hide on this file. It may well be the reason why they are playing their demagogic patriot game. It's the best card they've got.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.

Views

Why gold might not pan out in long term



Gold frenzies are great for journalists because they provide lots of colour, and I'm not just talking about bullion's natural lustre.

In 1980, when gold was heading for $850 US an ounce, small investors panicked at the thought of rampant inflation following the second OPEC oil price shock. Like today's flu shot seekers, they formed long lines to buy one-ounce gold wafers as a financial immunization against future uncertainty.

This time around, the fear is playing out differently. Investors small and large are buying gold all right — they've driven its value up more than 30 per cent this year to slightly less than $1,200 US an ounce.

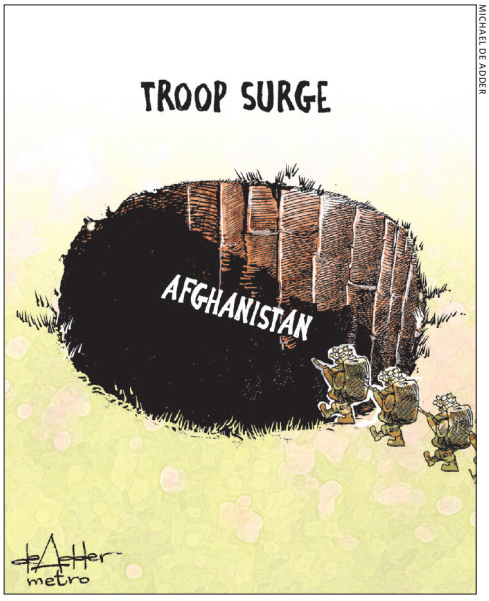
Gold may have limited practical uses, but it's been a preferred refuge of value for close to six millennia. And these days, it has a lot going for it, starting with the worldwide uncertainty based on the faltering U.S. economy and dollar. Fears about the potential for inflation resulting from fiscal stimulus and government bailouts drive people to buy gold. Investment funds are reportedly heavily into the action.

The fact that central banks in places like India are adding to bullion reserves puts upward pressure on the price.

But enthusiasts who aren't hard-core gold bugs should remember that the price of this most precious of metals won't always outperform other investments, chiefly stocks. Historically, these two asset classes seem to alternate as investor favourites, with stocks rising when gold is in relative decline and vice versa.

For verification, check the record of the Dow/Gold Ratio — the ratio of the Dow Jones Industrial Average index divided by the price of an ounce of gold. In the short and sometimes medium term, you might be better off investing in one rather than the other. Yet sensible investors will make a habit of diversifying, making gold or gold equivalents part of a balanced portfolio that, over the course of a lifetime, will provide solid growth and sound slumber.

Charles Davies is a veteran business writer who has worked for Canadian and international news organizations.



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NS Power gets go-ahead for wind farm
Nova Scotia Power has been given in the go-ahead to build a $120-million wind farm in Colchester County. THE CANADIAN PRESS

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Economy makes third-quarter gains

Growth still under Bank of Canada's predictions

Canada's economy inched ahead in the third quarter, meekly heralding an end to the recession and the start of what is predicted to be slow and laborious recovery.

Statistics Canada reported yesterday that real gross domestic product, an inflation-adjusted measure of the economic growth, expanded at an annualized rate of 0.4 per cent in the third quarter. That was below the Bank of Canada's two per cent growth prediction for the quarter, and economist's expectations for an annualized growth rate of 0.6 per cent, according to CIBC World Markets.

Demand

- The agency said final domestic demand advanced 1.2 per cent during the quarter, as capital investment and personal spending both increased.

The first overall economic growth in a year marks an end to the recession, which is defined as at least two back-to-back quarters of contraction. By comparison, the American economy registered growth of 2.8 per cent during the same period, the agency said.

"We've certainly been slowest out of the gate to economic recovery relative to most of the other major economies," said Avery Shenfeld, chief economist at CIBC World Markets.

"The only plus side here, is that the third quarter ended on a strong note with a healthy GDP gain in September, and that does give us hope that we'll see much better growth for the fourth quarter."

Real GDP — economic growth adjusted for inflation — was up 0.4 per cent in September, the final month of the quarter.

THE CANADIAN PRESS

Dubai **Fallout concerns**



KAMRAN JEBREILI/THE ASSOCIATED PRESS

The Burj Dubai, the worlds tallest building is seen in the background in the Business Bay district in Dubai, United Arab Emirates yesterday. Concerns about the fallout from the debt crisis in Dubai limited gains on the Toronto stock market.

Forum to be held on TV's future

BROADCASTING Canadians are getting a chance to share their views about the future of television on a special government website set up by the federal broadcast regulator.

The CRTC is looking at various options to determine the value of TV signals, a bone of contention between conventional television broadcasters and the cable and satellite companies that distribute their signals.

The two sides of the argument have waged a high-profile advertising campaign for weeks against each other.

But the high-stakes battle has been waged at the regulatory and political level for years, with each side claiming they have Canadians' best interests at heart. The broadcasters say local television programming could die in Canada. THE CANADIAN PRESS

Business in brief

POWER DEAL New Brunswick's Conservative Opposition Leader is asking Quebec Premier Jean Charest to hold off finalizing the proposed acquisition of NB Power. In the letter, David Alward asks Charest not to finalize the deal until there's a referendum in New Brunswick on the issue or the provincial election in September. Alward has repeatedly asked Premier Shawn Graham to do the same, to no avail.

THE CANADIAN PRESS

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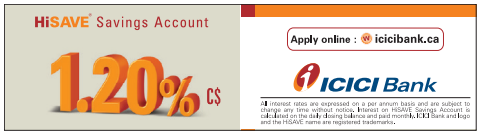
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Your Money

EDITOR: FERMIN.DESOUZA@METRONEWS.CA



Donating shares to charity

MoneyMatters



Q Is it more advantageous to sell shares and use the funds to make a donation or donate the shares directly to charity? How much capital gains tax will I pay?

— Daren

A Sell shares and donate the money: You will receive a 15 per cent tax credit on the first $200 and 29 per cent on the amounts above that. The sale of shares will be subject to tax on 50 per cent of the capital gain.

Donate shares directly to charity: The 2006 federal budget eliminated the income-inclusion rate for donations of listed publicly traded shares and therefore your capital gains and tax is nil. Additionally, you can also claim the tax credit. This is a triple benefit. You pay no tax on the appreciated value of your shares, get a tax credit and give to a good cause.

Henry Choo Chong, CGA, can be reached at choochonghcga@yahoo.ca.

On the web



Investing: Allan Small discusses the Dubai situation and how to look at weakness as a buying opportunity. Visit metronews.ca/ investing.

Cross-border bargains?

AlisonOnMoney



After eyeing my daughter's Mac with envy for the past year, I decided to buy one of Mr. Job's fun machines. But once I crunched the numbers it cost me $82 less to buy it here than in the U.S.

Still, countless Canadians stampeded south this past weekend as U.S. retailers hacked at prices like gladiators determined to be the last man standing. Bargains do abound for canny shoppers but you have to know your prices, do some research and be disciplined.

For example, on Black Friday last week, Best Buy in the States was offering a door buster price of $999 US on a Samsung 46" LCD HDTV. Nice. In Canada the best price I could find was $1,399 US — $1,581 Cdn after taxes.

Let's assume you were tempted by the siren call of deep discounts in the States and bought that TV. The landed-in-Canada price ends up at $1,342 Cdn including GST, exchange, gas, tolls and lunch. (There's no duty on this TV but you'd pay three per cent to five per cent if it had been a plasma model.) That's a savings of $239, give or take. Not bad. But the price assumes you got the door crasher special which was limited to lucky ticket holders.

Many cross-border shoppers fall victim to impulse. "I drove all this way so I can't go back home with just a pair of socks!" Impulse is deadly if you don't know your tariffs. Clothing made outside the US is subject to as much as 20 per cent duty. Ouch! Downhill ski boots can come home duty free but cross country ski boots could set you back 18 per cent depending on where they were made.

Check with customs at 1-800-461-9999 for tariff rates and don't forget that you pay GST on all goods after duty has been applied and it is based on the value of the item in Canadian dollars.



SAN ANTONIO EXPRESS-NEWS, LISA KRANTZ/THE ASSOCIATED PRESS

Canny shoppers can find bargains in the U.S. but you have to know your prices and what duties you would have to pay.

Alison Griffiths is a financial journalist, author and host of Maxed Out on the W Network. Write to her at alison@alisongriffiths.ca.



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2. Wash your hands often and avoid touching your face.
3. Make sure your asthma or COPD symptoms are under control.
4. Follow your asthma or COPD action plan – written instructions from your doctor that explain what to do if your symptoms get worse.
5. Take your medicines as prescribed by your doctor.
6. Have an extra supply of your asthma or COPD medicines on hand.
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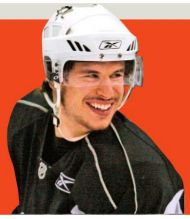
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MacDonald back with Islanders

Judique's Andrew MacDonald earned his third NHL recall of the season yesterday when the New York Islanders brought him up from Bridgeport of the AHL. The 23-year-old blue-liner has played in four NHL games this season. METRO HALIFAX

Sports



Crosby named first star

Cole Harbour's Sidney Crosby was the NHL's first star of the week after leading the Pittsburgh Penguins to three wins in four games. Crosby led all scorers with five goals and three assists, including a hat trick on Saturday. METRO HALIFAX

EDITOR: DON.MCHOULL@METRONEWS.CA

More than just a nice shot

Desmond Ferguson, a.k.a. Moneyball, has skills that exceed far beyond the court

MATTHEW WUEST
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On the court, Desmond Ferguson is well-known as one of pro basketball's deadliest three-point shooters whose smooth stroke once landed him a gig in the NBA.

Off the court, he's a budding entrepreneur who is responsible for the Halifax Rainmen's newest jerseys.

Ferguson, who is expected to become the first former NBA player to suit up for the Rainmen, has a full-time job running an athletic apparel company called Moneyball Sportswear.

"I started this business from scratch seven years ago," said Ferguson, 32, a Lansing, Mich., native who was given the nickname Moneyball by NBA star Kevin Garnett more than a decade ago. "I'm the sole owner. This is what I do."

The 6-foot-7 small forward played seven games with the Portland Trailblazers in 2003-04 after completing a bachelor degree in business at University of Detroit-Mercy. Since those days, Moneyball has grown steadily and supplies jerseys to about 100 high schools in the U.S.

Canada is a new market.

Although his head office is in Lansing, Ferguson will operate from his apartment in Halifax for the next four months. He said life has been a whirlwind preparing for the Rainmen's training camp, which opens today in Yarmouth.

"I work out in the morning, office all day, get another workout in the evening, then do it all over again," said Ferguson, who drained a half-dozen shots from 18 feet and beyond during yesterday's scrimmage at Citadel High.

He averaged 17 points per game with the rival Manchester Millrats last season and has hit more than 45 per cent from beyond the arc the past three years.

He went to the Premier Basketball League semifinals with the Millrats, but signed with the Rainmen because he was impressed by the big crowds at the Metro Centre.

"I came here to win and win a championship," he said. "I didn't come here just to shoot threes and win a couple of games. I'm coming here to try and win the whole thing."



RYAN TAPLIN/METRO HALIFAX

Halifax Rainmen small forward Desmond Ferguson goes up for a shot during practice at Citadel High yesterday. Ferguson played seven games for the Portland Trail Blazers during the 2003-04 NBA season.

Roster

Following is the Halifax Rainmen's roster heading into training camp starting today in Yarmouth.

- **SIGNED (8):** PG Jason McLeish, G Tony Bennett, G Lionnel Jones, SF Desmond Ferguson, SF Demetrius Howard, F Eric Crookshank, F John Strickland, C Gordon Malone.
- **UNSIGNED TRYOUTS (7):** PG Mark Ross, G Devon Norris, G Garry Gallimore, G Adris DeLeon, SF Jevohn Shepherd, F Jason Henry, C Achuil Lual.
- **YET TO ARRIVE:** G Kendel Provet (tryout), G/F Omar Weaver (signing).

Metro Centre ready for free basketball

TICKETS The Halifax Rainmen are hoping a ticket promotion will pack the Metro Centre for their pre-season opener.

The Rainmen announced yesterday 10,000 fans can attend their Dec. 19 contest against the Manchester Millrats for free, courtesy of title sponsor Rogers Communication.

The Rainmen, who have never had a crowd larger than 4,343, dubbed the event Rogers Slam Dunk Day. Most of the tickets have been offered to local minor basketball associations, while the rest will be handed out via contests.

"It's exactly what we want to do to keep our momentum going," said Rainmen owner Andre Levingston. "It's going to be pretty hard to get a ticket for opening night."

METRO HALIFAX

Rainmen have high hopes for newcomers

MATTHEW WUEST
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BASKETBALL The Halifax Rainmen have not yet sent a player to the NBA, but they have high hopes for Jason Henry.

The six-foot-six forward from Cincinnati, Ohio, was among the 15 players introduced to fans at the Rainmen's media day at Citadel High School yesterday.

He will try out for a contract when training camp opens today in Yarmouth.

Henry, a cousin of Raptors small forward Sonny Weems, averaged 8.0 points and 4.4 rebounds as an NCAA Division I freshman with the Arkansas Razorbacks last season.

"I talked to a few NBA scouts and they think he can play in the NBA as early as next year," said Rainmen owner Andre Levingston.

"He's an amazing player. He's very, very talented. I think we can find a home for him."

Guard Adris DeLeon was another newcomer. He's spent the past two seasons playing NCAA Division I at Eastern Washington and averaged 12.5 points in 2007-08.

"He's an assassin," Levingston raved.

"He's known in New York by the nickname 'too hard to guard.'"

Guard/forward Omar Weaver, who was selected sixth overall in the Premier Basketball League draft and is already signed, did not report yesterday because of paperwork issues.

Tryout guard Kendel Provet also didn't show up.

"We hope we can get those guys here," Levingston said.

"I talked to a few NBA scouts and they think he can play in the NBA as early as next year."
Andre Levingston on Jason Henry, who will try out for the Rainmen

Eight signed players will head to Yarmouth along with seven unsigned players trying out for contracts.

The small-town environment will be quite a jolt.

"Everybody on our team is from the big city," said third-year forward Eric Crookshank.

"It's going to be very interesting to see what they think when they get there."



Rainmen owner Andre Levingston

SCOREBOARD

QMJHL

ATLANTIC DIVISION

	GP	W	L	OTL	SOL	GF	GA	Pt
Saint John	30	25	4	1	0	131	81	51
Cape Breton	31	16	10	2	3	103	95	37
P.E.I.	28	16	9	1	2	92	85	35
Moncton	27	14	10	1	2	97	75	31
Acadie-Bathurst	29	12	14	2	1	79	110	27
HALIFAX	**29**	**5**	**22**	**0**	**2**	**75**	**118**	**12**

TODAY'S GAMES
Lewiston at Moncton
Gatineau at Acadie-Bathurst

YESTERDAY'S RESULT
No Games Scheduled

WEDNESDAY
Saint John at P.E.I.
Rimouski at Victoriaville
Shawinigan at Drummondville

THURSDAY
Gatineau at **HALIFAX**
Lewiston at Cape Breton
Rouyn-Noranda at Chicoutimi

FRIDAY
HALIFAX at P.E.I.
Gatineau at Moncton
Val-d'Or at Victoriaville
Shawinigan at Baie-Comeau
Rouyn-Noranda at Chicoutimi
Rimouski at Montreal

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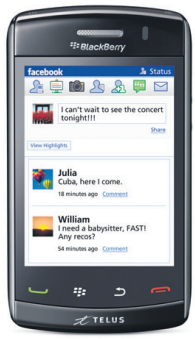
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Notre Dame sacks coach

Notre Dame fired football coach Charlie Weis, left, yesterday after a string of disappointing seasons that was capped by an agonizing four-game losing streak. Notre Dame will be looking for its fifth coach this decade. THE ASSOCIATED PRESS

Woods won't play

Golfer to skip tournament, citing injuries

Tiger Woods withdrew yesterday from his own golf tournament, citing injuries from a car crash near his Florida home. He said he would not compete again until next year.

Woods said in a statement on his website that his injuries prevented him from playing in the Chevron World Challenge, which he hosts annually for a small, invited field.

"I am extremely disappointed that I will not be at my tournament this week," Woods said. "I am certain it will be an outstanding event and I'm very sorry that I can't be there."

His decision to withdraw comes after a car crash left him with cuts and bruises when his SUV hit a fire hydrant and a tree at 2:25 a.m. Friday outside his home in an exclusive, gated community near Orlando. Woods was treated and released from a hospital after the accident, and has not been seen in public since.

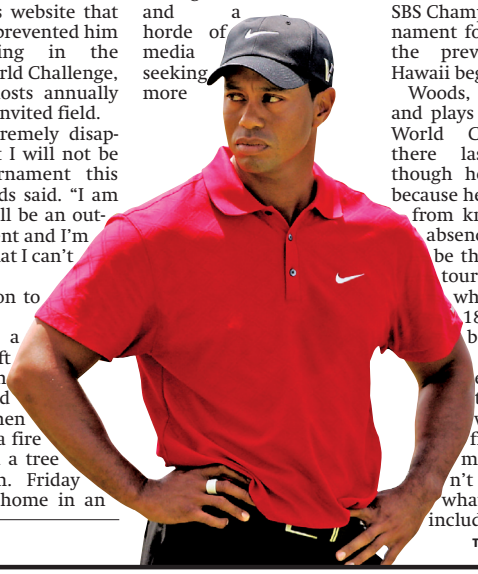
By skipping the tournament, Woods will escape having to face TV cameras and a horde of media seeking more details about the smashup. The tournament was to be the last of the year for Woods anyway, but he did not say just when he would make his return next year.

The first tournament of the 2010 PGA Tour is the SBS Championship, a tournament for winners from the previous year, in Hawaii beginning Jan. 7.

Woods, who both hosts and plays in the Chevron World Challenge, was there last year even though he couldn't play because he was recovering from knee surgery. His absence this year will be the first since the tournament — which has only an 18-player field — began in 1999.

Though he cited injuries from the accident in withdrawing from the tournament, Woods didn't specifically say what those injuries included.

THE ASSOCIATED PRESS



Tiger Woods

NFL Monday night showdown



PATRICK SEMANSKY/THE ASSOCIATED PRESS

New Orleans Saints Devery Henderson can't handle a pass while being defended by New England Patriots Brandon Meriweather last night in New Orleans. **For a complete game report, visit metronews.ca/sports.**

Sports in brief

NHL Washington Capitals star Alex Ovechkin left last night's game at Carolina in the opening period with an apparent right knee injury.

BASEBALL Indians centre-fielder Grady Sizemore has contacted investigators from Major League Baseball to stop publication of steamy photographs that he says were stolen from his girlfriend's email account and then posted online.

TENNIS Serena Williams was fined a record $82,500 US for her U.S. Open tirade and could be suspended from that tournament if she has another "major offence" at any Grand Slam in the next two years.

NBA Allen Iverson and the Philadelphia 76ers have met to discuss a possible return to the team.

THE ASSOCIATED PRESS



Learning Curve is a special feature that focuses on education and student life.

Learning Curve

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

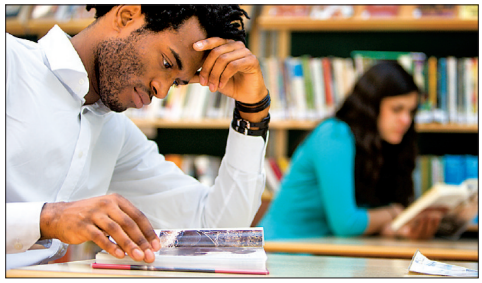
Go back to basics when studying

LEYLA EMORY
for Metro Canada

When studying for exams, it's not a bad idea to refer back to the old lesson of 'Who, What, Where, When and Why.'

Start with the 'what:' "Students should be as informed about the exam they are about to write as possible," says Dr. Nellie Perret, learning skills counsellor/educator at the University of Toronto's Academic Success Centre. "Find out whether it's a multiple-choice, short answer, essay or problem-solving exam; ask how many questions there will be and how much they'll be worth; use old exams as 'maps' to tell what the professor expects at the end of term."

When to study is also key: "It's important for students to know their own best — and worst — times for studying. If they're always studying Calculus, for example, late at night when they're too tired to really understand the concepts, then the odds are pretty good that they're not going to do well on their Calculus final."



Divide each day into three study periods to make the most of it.

She recommends dividing each day during exam time into three study periods: Morning, afternoon and night, and varying subjects day to day within each of those periods.

Where to study is also important.

"Move locations between lunch and dinner. If nothing else, this gives students a break, a chance to walk from one place to another, getting some exercise and fresh air, reminding them to grab something to eat, and allowing their brains to make sense of what they've been studying."

Who you study with is also key.

"Studying with other people, as long as it doesn't turn into a total gripe session, can also be a great way to blow off steam."

And never forget why: "It's really important for students to remember that tests and exams should be a way for them to discover whether they've been learning what the professor thinks is important. This is especially true for midterms: They're an opportunity to evaluate whether or not a student is getting it. If the results of the test are disappointing, a mid-term can serve as a wake-up call, telling them to adjust their learning strategies accordingly."

Dal prof helping homeless

JON TATTRIE
for Metro Halifax

Jeff Karabanow has spent the past 10 years researching homelessness and housing as a professor at the Dalhousie School of Social Work. Before that, he worked clinically with young people on the streets in different types of shelters in Toronto, Montreal and Guatemala.

Last year, he put his preaching into practice by spearheading the Out of the Cold shelter in Halifax, now open for its second winter. The volunteer-run initiative provides nighttime shelter for a "niche" of people who don't fit into the mainstream shelters.

Out of the Cold provided winter shelter and food for 64 people during 460 stays over a two-month period last year. Half of those accommodated were youth. The only other youth-friendly shelter, Phoenix House, tends to fill up quickly and draw from kids exiting group homes.

"It misses the hard-core street kids — the kids who are squatting, the kids who are squeegeeing, the kids who go to the Ark (drop-in centre)," Karabanow says. It also caters to families and people uncomfortable at the big shelters.

Out of the Cold, which opened on Nov. 22, has room for 15 people and is already filling up. "We have to be very clear about what we are going to do when we hit max. We were aware of that, but I don't think we thought it would fill up so quickly."

Past experience taught him getting government help would be tricky, but he wasn't prepared for just how hard it would be.

"I was surprised at how difficult it is to get onside the provincial government. The governments are just not talking about housing," he says, leaving charities to fight for the "meagre" funding available.

Ross Bartlett, the minister at Saint Mathews United Church, says they were glad to step in and house the shelter after their sister church, Fort Massey United Church, was unable to repeat last year's effort.



Out of the Cold provided shelter for 64 people last year.

"We at Saint Mathews decided a while ago that the best way to work at addressing issues that face us on a daily basis is in collaboration with other people," he says. "We're quite clear about why we're involved in this, but we also recognize that there are people of good will of faith and no faith ... and together we can work at addressing what is a very real need."

If you want to help out...

- To donate items or volunteer at the Out of the Cold shelter, contact Jeff Karabanow at 494-1193 or Jeff.Karabanow@dal.ca, or email halifaxwintershelter@gmail.com.

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King's relives history

RICHARD WOODBURY
for Metro Halifax

The origin of the name of the University of King's College's campus bar is a mystery to most students. Known as the Wardroom, the actual name of the bar is the HMCS King's Wardroom.

"Students don't understand the history of why the Wardroom is the Wardroom," says Greg Guy, the vice-president of the school's alumni association.

An event happening Saturday evening at the college will shed some light on this. Author and King's alumnus Bill Naftel is giving a lecture titled HMCS King's and wartime Halifax at 7 p.m. in Alumni Hall.

From 1941 to 1945, the college was HMCS King's, a place where officers trained for the Royal Canadian Navy. About 3,200 officers were trained during that time.

"Everything had a naval name as if it was an actual ship," says Naftel. This meant when the officers had liberty (or shore leave), it was still called this even though they were on land.



From 1941-1945, officers trained for the Royal Canadian Navy at King's.

The wardroom would have been the recreation room/bar for senior officers.

Despite the military training at the college, academic life continued for King's students elsewhere in Halifax at Dalhousie University and the United Church's Pine Hill Divinity College.

Halifax was a natural fit for naval training because of all the activity in wartime Halifax. Plus, the King's campus was ideal.

"The Navy liked to keep control over its people and King's was quite contained," says Naftel.

In 1941, the training course was 12 weeks long, but by the end of the war, the course was lengthened to 20 weeks. This was to keep up with advances in military technology, says Naftel.

When officers finished training, they joined the war effort.

"As soon as they graduated, boom! They'd be out at sea in the cold gray North Atlantic," says Naftel.

After the lecture, a party will follow in The Wardroom at 8 p.m. There will be music from students, faculty and alumni as well as a silent auction. Proceeds from the silent auction will go to the Wardroom Restoration Fund.

"If you have been in the Wardroom, (you know) it needs a bit of a facelift," says Guy.

The Wardroom is an iconic part of life at King's. It may be bruised, but students still love it.

Recent graduate Angelica Blenich compares it to entering "someone's grungy basement," but says "the place quickly grows on you."



Kevin Robinson.

Student wins pitch contest

RICHARD WOODBURY
for Metro Halifax

Imagine if you had an opportunity that could make or break your dreams. Well, that's what the recent Elevator Pitch Competition organized by the Centre for Entrepreneurship Education and Development (CEED) offered.

The idea was that you'd be on an elevator with a CEO and would have 30 seconds to pitch your business idea to him or her.

The six finalists in the competition had to present a live two-minute elevator pitch to a panel of judges, which included modern-day Ottawa Senators founder Dr. Bruce Firestone. The competition was a part of CEED's Fresh Ideas 2009 youth entrepreneurship conference.

The winner was Kevin Robinson, a second-year Bachelor of Business Administration student at Mount Saint Vincent University.

His pitch was for his business The Helping Hand, which he started last summer.

"It pretty much does whatever you want for $15 an hour," says the 19-year-old.

He contracts out students at $10 an hour to do odd jobs for people, such as landscaping and cleaning.

His workers would use clients' equipment to complete the tasks, so this meant a guaranteed profit for Robinson. The business was based in his hometown of Cambridge in the Annapolis Valley

Besides a $1,000 cash prize, Robinson also received some one-on-one mentoring time with Firestone.

"You can tell that he knew a lot about what he was talking about it," says Robinson.

"I felt like I was talking to someone who had a lot of answers," he adds.

Firestone made a point of making it clear that he was accessible if Robinson needed further guidance or advice.

"I have him on Twitter and such and we've been keeping in touch," says Robinson.

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SPECIAL FOCUS ON:
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EDITOR: JENNIFER.PRITTIE@METRONEWS.CA

The problems with plan B

HIV/AIDS drugs aren't the safety net young people think they are

CELIA MILNE
for Metro Canada

Message to young, sexually-active people: Don't get lax about HIV/AIDS. Although it doesn't kill as quickly as it used to, it'll hasten illness and aging.

"For the young, active person in a large urban centre, the disease is still out there and still growing," says Dr. Ann Stewart, medical director of Casey House in Toronto. "There's a common perception among the younger crowd that if they get it they'll go on meds. Yes, the medications are miraculous and they've brought people back from the brink. But they have complications. It is still a big experiment."

Someone who is HIV positive and has been on a drug cocktail for 10-15 years may develop complications of aging similar to a person over age 65, says Stewart. This phenomenon is known as "the greying of HIV/AIDS."

Before the advent of anti-retroviral drug cocktails, people who developed HIV/AIDS were often dead within 10 years, she says. Nowadays they can live more than twice that long. Indeed, some of the earliest HIV/AIDS patients from the early 1980s are still alive.

"They can survive the opportunistic infections, wasting, and pneumonia associated with AIDS, but they are at higher risk for other chronic illnesses such as cardiovascular disease, high cholesterol, diabetes, and lung cancer," says Stewart.

Other diseases that occur earlier in the HIV/AIDS population are many different cancers, kidney disease, osteoarthritis, chronic pain, dementia and depression. The medications are a blessing and a curse, she says, because people on drug cocktails living with HIV/AIDS get more illnesses and therefore need more medications to treat the subsequent illnesses. "The number of pills creeps up and up," says Stewart.

A huge majority of Canadians living with HIV (81.8 per cent) live in Ontario, Quebec and British Columbia. Nearly half (44 per cent) of all cases are in Ontario. Quebec accounts for 22.5 per cent of cases; 20 per cent are from B.C. and 1.1 per cent are from Nova Scotia.

Heavier rates of infection are now being seen in Aboriginal peoples.

It's not safe to think of HIV/AIDS as the "gay man's disease." Now, almost one third of new cases are in people who acquired the virus through heterosexual sex, according to a spokesperson from Casey House. Women account for about a quarter of all cases. And remember: a quarter of people who are HIV positive don't know they have it, meaning that they could unknowingly transmit it.

"This is not a disease you want to get. Practice safe sex by using a condom and always ask your partner whether they have been exposed," suggests Stewart.



AIJITSOLANKI/THE ASSOCIATED PRESS

People hold lamps as they participate in an AIDS awareness campaign at Nal Sarovar bird sanctuary, about 75 kilometres from Ahmadabad, India. World AIDS day will be marked today to increase awareness of the sexually transmitted, fatal disease.

"There's a common perception among the younger crowd that if they get (HIV/AIDS) they'll go on meds. Yes, the medications are miraculous and they've brought people back from the brink. But they have complications. It is still a big experiment."
Dr. Ann Stewart, medical director, Casey House

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Sun, snowbirds and HIV

Few want to admit seniors are an at-risk group

The J Spot



New research out of the University of Waterloo indicates that Canadian snowbirds may be doing more than playing canasta when they winter in Florida.

Speaking at a recent AIDS conference in Toronto, gerontology researcher Katie Mairs said that people aged 50 and over account for a growing percentage of HIV cases in Florida, yet few older Canadians who winter in the state take precautions against sexually transmitted infections.

I'm not so surprised. This is a generation that didn't grow up with AIDS. They weren't raised on safer sex messages and probably never rolled a condom onto a banana in their lives.

Yet, here you've got a bunch of retired, elderly folk — many of whom are divorced or widowed and therefore single — with plenty of time on their hands, hanging out with each other in the warm, Florida sunshine. They don't call them "active" retirement communities for nothing.

Unfortunately, in large part because our society prefers to think that sexuality drops off the face of the earth the moment you get a grey hair, the problem isn't getting addressed.

Research has shown that safer sex education works best when targeted to specific at-risk populations. And even then, the results aren't that great. According to a 2005 Canadian Community Health Survey, condom use among those aged 20-24 averages about 50-60 percent. And they've no doubt been rolling condoms onto bananas since puberty.

In order to address rising HIV rates among the elderly, we need to start by first admitting that old people have sex and may even be having it with multiple partners, as the University of Waterloo research indicates.

Then we need to start talking to them. Sex educators I know are trying to make inroads to these communities and some administrators in seniors' homes and retirement communities are starting to recognize and address the issue.

But they still face resistance, both from administrations who don't want to accept, much less address, the fact that their residents might be sexual; and from family members who'd rather not think about whether grandma or grandpa are still doing it, thank you very much.

According to Statistics Canada, the number of Canadians aged 55-64 jumped by 28 per cent in the five years prior to the 2006 census. With all these boomers about to enter their golden years, many of whom will no doubt be single and, yes, sexually active, we better start readjusting our attitudes if we don't want to be dealing with a raging HIV epidemic among the blue-rinse set.

Something to think about today on World AIDS Day.

For more facts about HIV/AIDS in Canada, visit my Sexcetera blog at metronews.ca.



JOHN MEYER

We may not want to think about what grandpa's really getting up to during his winters in Florida, but as columnist Josey Vogels notes, society can't encourage seniors to have safe sex until we acknowledge that they're still having sex.

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

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HIV patients need meds sooner: WHO

POLICY People infected with the virus that causes AIDS should start treatment earlier than currently recommended, according to the World Health Organization(WHO).

The U.N. agency issued new guidance advising doctors to start giving patients AIDS drugs a year or two earlier than usual. The advice could double the number of people worldwide who qualify for treatment, adding an extra three to five million patients to the five million already awaiting AIDS drugs.

WHO's previous HIV treatment advice was published in 2006. Since then, several studies have shown people with HIV who start drugs earlier than recommended have a better chance of surviving.

WHO now advises doctors to start HIV patients on drugs when their level of CD4 cells — a measure of the immune system — is about 350. Previously they said doctors should wait until patients' levels hovered around 200. In most Western countries, doctors start treating HIV patients when their CD4 count is about 500.

David Ross, an AIDS expert at the London School of Hygiene and Tropical Medicine, said there is compelling evidence HIV patients should start treatment sooner.

People with HIV who aren't on AIDS drugs are more likely to catch a potentially fatal disease like tuberculosis or develop other complications when they do start the drugs, Ross said.

WHO's new recommendations also advise pregnant women with HIV to take the drugs earlier and while breast-feeding. The agency also said countries should phase out the use of the commonly used AIDS drug stavudine because of its toxic side effects. If countries with large outbreaks adopt the guidance, many more people could live longer, healthier lives, said Hiroki Nakatani, a top WHO official in a statement.



DAVID GUTTENFELDER/THE ASSOCIATED PRESS

An HIV-infected couple waits to receive medication at an HIV/AIDS clinic in Tinh Bien, Vietnam.

Still, WHO's advice raises questions about how countries and donor agencies will pay for the lifelong AIDS treatment.

It may also be difficult to convince HIV patients to start the drugs sooner, when some may not have any AIDS symptoms. Putting more patients on the treatment for a longer period of time could also encourage drug resistance.

Ross said many AIDS programs in Africa are already struggling. He added there were anecdotal reports of clinics turning away new patients eligible for treatment because they didn't have enough drugs to treat them. Some experts said the new WHO guidance could add billions to the cost of global AIDS programs. "WHO may be biting off more than they can chew," said Philip Stevens, a director at International Policy Network, a London-based think-tank. "I'm not sure how this will be possible to achieve, other than by cutting lots of corners," he said. THE ASSOCIATED PRESS

Crack, meth too readily available in Vancouver

RESEARCH It's far too easy for drug users to get crack cocaine and crystal meth on the streets of Vancouver, according to a new report. Rates of new HIV infection, homicide and overdose also remain high, according to the Urban Health Research Initiative (UHRI). The 10-year study followed almost 2,000 illicit-drug users in Vancouver, some of whom are homeless. Vancouver shares this problem with other large cities. "Throughout North America, particularly in the U.S., we have failed to address the combined problems of HIV and addiction," says Dr. Evan Wood, director of the UHRI at the B.C. Centre for Excellence in HIV/AIDS. The report found:

- Steep increases in the use of crack cocaine.
- Significant increases in crystal methamphetamine use, especially among street-involved youth.
- High death rates among injection drug users due to long-term HIV infection.

CELIA MILNE/FOR METRO CANADA

Leggo my Eggo
Where have all the waffles gone? Eggos, the frozen waffle made by Kellogg, will be in short supply until the middle of 2010, it says. That's led to a mock mini-crisis in the United States, including the auction of frozen waffles on eBay. TORSTAR NEWS SERVICES

Food



'Cutting' to the chase

The newest memoir from Julie & Julia author Julie Powell hits book stores today. Cleaving: A Story of Marriage, Meat, and Obsession is Powell's account of a two-year extramarital affair she embarked on, its fallout and how she seeks refuge from it all by first becoming a butcher's apprentice and then searching out fellow butchers around the world. Full of culinary metaphors, the book shows how one woman's meat can sometimes be another's therapy. Cleaving is available at Chapters and Indigo stores across Canada for $29.99. METRO NEWS SERVICE

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

LiquidAssets



Peter Rockwell

metronews.ca/liquidassets

After-dinner sippers

As much as I hate assigning a style of wine to a certain period of time, with winter approaching we have officially entered the season where port really shines.

Historically misunderstood thanks to the use and abuse of the name port by just about every country on Earth (including Canada); the real deal (which only comes from Portugal) makes for a warming after-dinner sipper and a great match with fruit, chocolate and cheese (especially blue varieties like stilton).

Made by introducing grape spirit to fermenting juice, port is typically sweet and is, for the most part, labeled by age. The most famous are vintage ports, but they're not meant for immediate drinking. That's put the spotlight on wines like **Taylor Fladgate's 1997 Late Bottled Vintage Port** ($24.29 - $26.01) which offers balanced flavours of ripe plum, nuts and caramel and is good to go right now.



Grub to warm guests' bellies

Spiced nut appetizer and braised chicken with figs add festive flair

The fragrant aromas of apple cider, eggnog and hot chocolate have made their way into the city — signs that the holiday season has arrived.

While you pull out the ornaments and play jingle bells, you might be wondering what to serve for the many dinners you've no doubt planned for family and friends.

We have a delicious menu here that will warm your guests' bellies and look festive on the table. If company arrives early and more time is needed to set up seating or chill the wine, try serving our Brown Sugar and Chili Spiced Nuts mix to stave off hunger. This savoury and sweet assortment is not only a guaranteed favourite among friends, it's also easy to package as a seasonal favour or hostess gift.

Moving on to the main, our Braised Chicken with Figs and Olives sounds scrumptious and tastes even better. This recipe is easy and avoids the fuss of a meal with many sides. Orzo pasta does a great job of soaking up the chicken broth that is infused with the flavours of figs and olives. Couscous or mashed potatoes also make for great accompaniments.

Enjoy hosting friends and relations this holiday season with these new recipes; they will definitely relish eating at your table.

– CHRISTY PENGILLY



CARLO MENDOZA

Braised chicken with figs and olives.

Brown Sugar and Chili Spiced Nuts

MAKES 4 CUPS
PREP TIME: 5 MINUTES
COOKING TIME: 25 MINUTES
RECIPE DEVELOPER: PAULA BOWMAN

INGREDIENTS:
- 1 large egg white
- 1 tsp chili powder
- 1 tsp kosher salt
- 1/2 cup of brown sugar
- 1/2 tsp cayenne powder
- 1/2 tsp ground cinnamon
- 4 cups mixed nuts (pecans, walnuts, blanched almonds and/or cashews)

METHOD:

1. Preheat oven to 325F. Line a rimmed sheet pan with parchment paper and set aside.
2. Whisk egg white in a large bowl until frothy. Add chili powder, salt, cayenne and cinnamon and whisk until blended. Add nuts to bowl and stir well to thoroughly coat. Add sugar and toss until well combined. Transfer mixture to prepared sheet pan and bake in oven, stirring once, until golden brown and nuts are toasted and crispy, about 25 minutes. Let cool slightly before serving. Tightly sealed, nuts will keep for 1 week at room temperature.

Braised Chicken with Figs and Olives

SERVES 4
PREP TIME: 10 MINUTES
COOKING TIME: 30 MINUTES
RECIPE DEVELOPER: PAULA BOWMAN

INGREDIENTS:
- 8 bone-in chicken thighs, skin on, (about 3 lbs), (drumsticks will also work)
- 1 Tbsp olive oil
- 1/2 cup diced white onion
- 1/4 cup white wine, or water
- 1 1/4 cups sodium reduced chicken broth
- 4 fresh figs, quartered
- 1/4 cup small green olives
- 1 cup uncooked orzo pasta
- 1 Tbsp unsalted butter
- 1 Tbsp finely chopped fresh parsley
- 1 tsp honey

METHOD:

1. Rinse chicken, pat dry with paper towels and season with salt and pepper. Heat oil in a large heavy bottomed skillet over medium-high heat. Working in batches, if necessary, add chicken and sear on all sides until golden brown, about 6 minutes. Remove chicken from skillet and pour off all but one tablespoon of fat from the pan. Return pan to stove set over medium heat, add onion and cook until starting to soften, about two minutes. Add wine, stirring to scrape any flavourful brown bits from the bottom of the pan, cook until wine is mostly reduced. Add chicken broth and return chicken to pan, skin sides up. Simmer set over medium-low heat, loosely covered until chicken is cooked through and sauce is slightly reduced, about 20 minutes. Add figs and olives let rest until figs are tender, about 3 minutes.
2. Meanwhile, cook orzo according to package instructions, in a pot of boiling salted water until al dente. Drain pasta, toss in butter and season with salt and pepper; set aside.
3. Transfer chicken to a serving dish, stir parsley and honey into sauce remaining in pan over medium heat and pour over chicken. Serve chicken alongside buttered orzo.

20 minute SUPPER CLUB



Boyle tops the charts

Susan Boyle's I Dreamed A Dream is the fastest-selling U.K. debut album of all time, with 411,820 copies moving in its first week. The album is also projected to go No. 1 this week in the U.S., Canada, New Zealand, Ireland and Australia. METRO NEWS SERVICES

Entertainment



Hoff hurt?

David Hasselhoff has been released from hospital. The star was admitted to L.A.'s Cedars-Sinai Medical Center on Friday after allegedly suffering a seizure.

FEMALEFIRST.CO.UK

EDITOR: DEAN.LISK@METRONEWS.CA

The spirit of Jacksoul

Haydain Neale worked on new album while fighting cancer

GRAHAM ROCKINGHAM
for Metro Canada

Last May, after months of rehabilitation from a life-threatening head injury suffered in a traffic collision, Haydain Neale decided he was well enough to return to the recording studio. It was time to make another Jacksoul record.

Neale still had difficulty singing, but he had recorded some demo tracks of new songs shortly before being struck by a car on Aug. 3, 2007, while driving his Vespa scooter on a Toronto street.

Neale reviewed the tapes. His voice was solid. There was more than enough there to make a CD.

Neale assembled his bandmates in a Toronto studio, selected the 10 best songs and started building full album tracks around the vocal demos. Things came a little bit slower than before the accident, but he was in control, orchestrating every step of the production.

But it wasn't long into those sessions that Neale was diagnosed with lung cancer. It was a stunning blow, coming to someone who had already persevered through so much. And it seemed so unjust. He wasn't a smoker, according to friends, not even a drinker.

Neale chose to keep the diagnosis private and focus instead on the music. Only a few close friends and family were told, as the band continued working in the studio.

"It was definitely emotional," recalls keyboard player Ron Lopata. "We were brothers. We've been through a lot together. We've been on the road together. We've shared buses. We were a very close group of friends."

Last month, Jacksoul's record label (Sony Music Canada) announced the new album, SOULmate, would be released today.

Fans, unaware of the cancer diagnosis, were buoyed by the news.

Neale lived long enough to see the record to completion. But he died Nov. 22 in Toronto at 39, just 10 days before SOULmate's release.

Lopata — credited with Neale as co-producer of SOULmate — said he understood the singer's decision to keep his cancer private.

"Haydain's outlook was always positive," Lopata said. "He always felt 'I'm going to continue, I'm going to make music for as long as I can do it. I'm going to put my heart and soul into it ...'

"I think it was a matter that he didn't want (the cancer) to be a focus for anyone. He was always on the route for getting better and that was the focus."

The first single off the album is called Lonesome Highway. It was written before the scooter accident but eerily foretells of Neale's future struggles.

"You're going to hear a lot of amazing songs that now have more meaning than they did before," Lopata said. "You'll listen to it and say, 'Unbelievable, it's just like he's a fortune teller ...'"



Haydain Neale died last week in Toronto, but not before he and his band Jacksoul finished work on SOULmate, which is out today.



A "tomboy" in Paris

Paris Hilton is a "tomboy." The socialite says that despite her image, she has a secret active side and claims she is "totally different" away from the cameras. FEMALEFIRST.CO.UK

She's such a Teese

Burlesque artist brings Paris show to DVD

TALIA SOGHOMONIAN
Metro World News

She spends much of her time out of them, but clothes are important to Dita Von Teese. They're an integral part of the burlesque superstar's character — both on and off stage.

As she gets set to launch a DVD of her show at the Crazy Horse in Paris, Von Teese speaks to Metro about life, lingerie and Louboutin heels…

Q Doesn't this DVD destroy the mystery of your Crazy Horse shows?

A I don't normally like having my shows filmed but I think we managed to transfer the feeling of the live shows to film.

Q Are there shots that could never be seen live?

A Crazy Horse are very private about what happens behind the scenes but we could show all that on the DVD.

Q In the DVD, you say that you wished you were 18 so you could have become a dancer at the Crazy Horse!

A Yeah! (Laughs) I'm obviously happy with the path that I've chosen. There's a reason that things worked out the way they did for me, but sometimes I wonder why I didn't fly to Paris and audition to become a Crazy Horse girl back in the old days!

Q You're writing a new beauty book?

A It's about encouraging and embracing eccentric beauty. Everyone wants to look natural and this is a book for girls that don't want to look natural!

Q The way you move, of course, is due a lot to your Christian Louboutin heels…

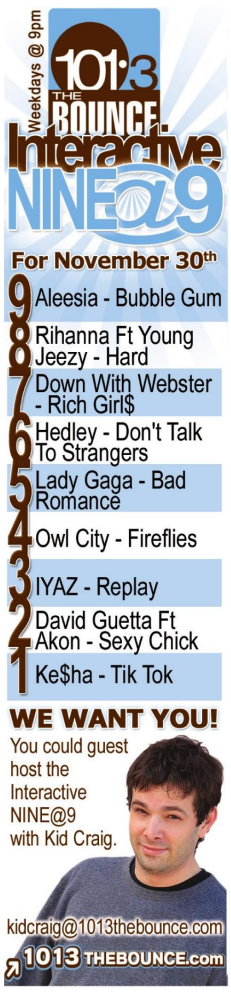
A Christian started off designing shoes for showgirls. More than any other shoe designer he has a real way with proportion and with making a foot look really feminine. I always feel that he completely understands what shoe I need and of course that flash of red sole is the height of glamour and is a distinctive symbol.

I feel that I have to wear Louboutins on stage. I love that flash of red that comes when I'm dancing.



Dita Von Teese's show at the famous Crazy Horse in Paris is coming to DVD.





HA		H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00		
12/1/09		31	31	31	ABC	News Center 5	ABC Wld News	U.S. Senate Debate "MA"			Charlie Brown	Prep-Landing	Scrubs	Scrubs	the forgotten
		7	7	7	ASN	The Road to Avonlea		Degrassi: TNG	TMZ (N)		Monk		*Movie*		
		11	11	11	CBC	Wheel-Fortune	Jeopardy! (N)	Rick Mercer	22 Minutes (N)		Being Erica (N) (DVS)		CBC News: The National		The Hour
		2	2	2	CBC-F	Pyramide (SC)	Union-force	Virginie (SC)	La Facture		*La Brunante* (2008, Drame) Monique Mercure. (SC)				Le Téléjournal
		32	32	32	CBS	WBZ News (N)	Evening News	Wheel-Fortune	Jeopardy! (N)		NCIS (HDTV)		NCIS: Los Angeles		Fashion Show
		69	69	69	CFTM	TVA nouvelles	Le Cercle (SC)	Les Gags	Occupation		Caméra café	Taxi 0-22 (SC)	Monk (HDTV) (SC)		TVA nouvelles
		6	6	6	CIHF	Entertainment	ET Canada	Victoria's Secret Fashion			NCIS (HDTV)		NCIS: Los Angeles		News Final (N)
		9	9	9	CJCH	etalk	Hollywood	Law & Order: SVU			So You Think You Can Dance (HDTV) (N)				News
		10	10	10	ELTV	(6) EastLink Television					Podium TV		Community Matters		
		36	36	36	FOX	Seinfeld	The Simpsons	Two/Half Men	Two/Half Men		So You Think You Can Dance (HDTV) (N)				Fox First
		12	12	12	NBC	News (N)	NBC News	Hollywood	Extra (N)		The Biggest Loser (N)				Jay Leno Show
		29	29	29	NW	(6) Power & Politics		Connect Today's biggest stories. (N)					CBC News: The National		fifth estate
		4	4	4	PBS-B	NewsHour With Jim Lehrer		Greater Boston	Viewers' Favorites				Viewers' Favorites		
		35	35	35	PBS-D	NewsHour With Jim Lehrer		Business Rpt.	Worldfocus		Celtic Woman: Songs From the Heart				Firming After
		68	68	68	TQS	Guerre clans	Wipe Out	Touche pas à mon fils			Les Anges millionnaires		Pratique privée "Ex-vie" (SC)		Wipe Out
	news	23	96	96	BNN	Business News	Headline	Market Call Tonight			After Hours	Market Call	Squeeze Play		Business News
		18	18	18	CNN	Situation Room-Wolf Blitzer		CNN Tonight (N)			Campbell Brown (N)		Larry King Live (N)		Cooper 360
	sports	54	54	54	GOLF	Golf Central	Top 10	Big Break Disney Golf (HDTV)			Big Break Disney Golf (HDTV)		Big Break Disney Golf (HDTV)		Big Break
		52	52	52	RSE	Connected W-Prime Time		Best Damn Sports Show			UFC: Access	Overtime	The Ultimate Fighter (HDTV)		Sportsnet Con.
		55	55	55	SCOR	After Wrestling	Covers Experts	NBA Basketball Washington Wizards at Toronto Raptors. (Live)						Court Surfing	
		45	45	45	SPD	Unique Whips		Pass Time	NASCAR Hub		Monster Jam (HDTV)		Super Bikes!	Super Bikes!	Jacked!
		53	53	53	TSN	Off the Record	SportsCentre	NHL Pregame	NHL Hockey Toronto Maple Leafs at Montreal Canadiens. (HDTV) (Live)						SportsCentre
	family	43	43	43	FAM	Han. Montana	Wizards-Place	Sonny Chance	Zack & Cody		Overruled!	Han. Montana	Wizards-Place	Latest Buzz	Ned's School
		44	44	44	TOON	Jimmy Two	Johnny Test	Scooby-Doo	Total Drama		Total Drama	6TEEN	Futurama	King of the Hill	American Dad
		26	26	26	TREE	Go, Diego, Go!	Frst Snw-Wint	Backyardigans	Nght Grdn		Waybuloo	Franklin	Little Bear	Maggie-Beast	Babar
		27	27	27	YTV	iCarly	iCarly	Drake & Josh	To Be Indie		Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz
	cable variety	16	16	16	A&E	The First 48 (HDTV)		Criminal Minds (HDTV)			Criminal Minds (HDTV)		*True Lies* ★★★ (1994, Action)		
		70	70	70	APTN	APTN National News (N)		Fish Out	Mixed Blessing		Cashing In	Rabbit Fall	Blackfly	Moose TV	Rez Rides
		50	50	50	BET	106 & Park: BET's Top 10 Live					The Game	The Game	The Game	The Game	Monica: Still
		37	37	37	BRVO	Wind at My Back		At the Concert Hall			Freddie Mercury		Nureyev (N)		General Idea
		25	25	25	CMT	Star Crossed	Project Mom	Funniest Home Videos			Reba	Reba	According-Jim	According-Jim	Home Improve.
		49	49	49	COM	Just for Laughs		Air Farce	22 Minutes		Corner Gas	Name Is Earl	The Simpsons	South Park	Jeff Dunham
		153	153	153	COURT	Killer Next Door		Struggle for Justice			Max Haines	Dumb Criminal	Video Justice	Lie Detective	Justice
		38	38	38	DISC	Destroyed	Destroyed	Daily Planet (N)			How It's Made	How It's Made	Destroyed	Destroyed	Time Warp (N)
		48	48	48	HGTV	Extreme Makeover: Home		House Hunters	Property Virgin		HGTV's Top 10	Design Inc.	Pure Design	Genevieve	House Hunters
		46	46	46	HIST	Ultimate Engineering		Ancient Discoveries			Cities of the Underworld		Cities of the Underworld		Engineering
		17	17	17	MM	Secret Life of American Teen		Secret Life of American Teen			Secret Life of American Teen		Secret Life of American Teen		MuchNews
		19	19	19	MMM	mmtop10.ca		The Daily Fix			Ranked!		I Want to Work for Diddy		Entourage
		201	201	201	M1	(6:25) *88 Minutes* ★		(8:15) *Finn on the Fly* (2008, Comedy) Matthew Knight.					*Forgetting Sarah Marshall* ★★★ (2008)		
		48	23	23	OLN	Mantracker		Ghost Hunters International			Dog the Bounty Hunter		Survivorman		Ghost Hunters
		51	51	51	PEACH	The Office	Name Is Earl	Family Guy	Family Guy		Law & Order: SVU		House-Payne	House-Payne	*Striking Dist.*
		206	206	206	PIX	(7:05) *Calendar* ★★ (1993, Drama)			(8:20) *Lethal Tender* (1997, Action)				*Liar Liar* ★★ (1997, Comedy) Jim Carrey.		
		67	67	67	RDI	RDI monde	RDI économie	24 Heures en 60 minutes			Grands reportages (SC)		Le Téléjournal (SC)		RDI économie
		39	39	39	SHOW	Trailer Park	Trailer Park	The Outer Limits			*Recipe for a Perfect Christmas* (2005, Romance-Comedy)				Bones
		40	40	40	SLICE	Skin Deep	Skin Deep	Rich Bride, Poor Bride			Wedding SOS	Wedding SOS	Wedding SOS	Wedding SOS	Bulging Brides
		47	47	47	SPACE	Stargate SG-1 "Legacy"		Stargate Atlantis (DVS)			Star Trek: Voyager		*The Blair Witch Project* (1999, Horror)		
		14	14	14	SPIKE	CSI: Crime Scene Invstgtn.		UFC Unleashed			Ultimate Knockouts 3		Super Dave	Ultimate Knockouts 4	
		57	98	98	STAR	etalk	TMZ (N)	Look-A-Like	TMZ		The Ellen DeGeneres Show (N)		The View (HDTV) (N)		Dr. Oz Show
		21	21	21	TLC	Say Yes-Dress	Say Yes-Dress	Christmas Outside of the Box			Table for 12	Table for 12	18 Kids-Count	18 Kids-Count	Little Couple
		56	34	34	TROP	Prod. Parker	Prod. Parker	'70s Show	'70s Show		The Outer Limits		ET Canada	Switch	Family Guy
		20	20	20	TV5	Que.-champion	Journal de Fr2	SIDA, paroles de jeunes			Pékin express				Avenirs
		28	28	28	V	Mysterious Ways		Murder, She Wrote			Hallelujah!	Dinnerladies	Quantum Leap (Part 2 of 2)		Unscripted (N)
		60	97	97	VIVA	Da Vinci's Inquest		Cold Case "The Plan"			Missing "John Doe"		The Closer		Cold Case
		22	22	22	W	House-Sell	Confidential	Old Christine	Friends		Friends	Grocery Bag	Beauty	Style by Jury	Good Naked
		251	251	251	WGN	WGN Evening News		Two/Half Men	Family Guy		90210 (HDTV) (N)		Melrose Place "June"		WGN News

critics' corner

Nureyev

If anyone ever asked Rudolf Nureyev, "So you think you can dance?" it's obvious what the answer would have been. Nico Archambault, season one winner of "So You Think You Can Dance Canada," steps into the ballet legend's slippers for this film, which recounts Nureyev's life through the medium he loved — dance. 10 PM on BRAVO



A Charlie Brown Christmas

The granddaddy of all the "Peanuts" specials, this one remains fresh thanks to its timeless message: While it's easy to get caught up in the commercial aspects of the season, that's not what Christmas is all about. With a little assistance from Linus, Charlie Brown helps the rest of the gang see the light. 9 PM on ABC

Disney Prep & Laning

Santa's elves suffer job burnout, too. In this charming new animated special, Dave Foley gives voice to Wayne, a member of the elite elf team that prepares for and oversees Santa's arrival at children's houses. He was hoping for a promotion; instead, he has to stay where he is and train an annoyingly overzealous new assistant (voice of Derek Richardson). Of course, no Christmas special would be complete without a crisis and a lesson to be learned. 9:30 PM on ABC



Witherspoon and Gyllenhaal still together

Despite reports to the contrary, Reese Witherspoon and Jake Gyllenhaal are still very much a couple, according to their reps. Although a source close to the couple says their relationship has ended, people.com reports. METRO NEWS SERVICES

Celebrity Buzz

McGregor fine if kids see him nude

IT'S NOT LIKE THAT Ewan McGregor isn't embarrassed about his children seeing his nude scenes, femalefirst.co.uk reports.

The actor — who has stripped in many of his movies, including Velvet Goldmine and Trainspotting — insists he will happily show all of his movies to Clara, 13, Esther, eight and adopted Jamiyan, eight, when they get older.

McGregor — who is married to production designer Eve Mavrakis — said: "I have no regrets about anything I've done. I've never done a nude scene for the sake of it.



METRO NEWS SERVICES

Berry cashing in on property buy

NOT JUST A PRETTY FACE Halle Berry is doubling up in the property market, selling off the Hollywood hideaway she bought in 2001 for more than twice what she paid for it. The actress has put her Benedict Canyon Drive property up for sale at $5 million US, according to internet reports says femalefirst.co.uk.

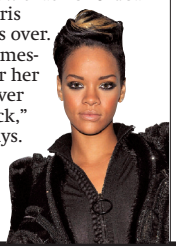
She paid $2.2 million for the Beverly Hills address eight years ago.



METRO WORLD NEWS

Rihanna giving dad cold shoulder

FAME WILL DO THAT TO YOU Rihanna's estranged father, Ronald Fenty, is looking to reconnect with his famous daughter, especially now that her ordeal with Chris Brown is over. "I leave messages for her but I never hear back," Fenty says.

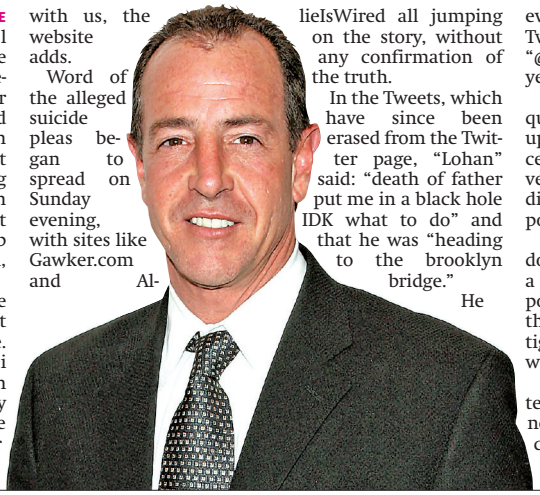


METRO NEWS SERVICES

Michael Lohan is alive

BUT WE'RE PRETTY SURE HE HAS NO SOUL LEFT Michael Lohan doesn't exactly have a history of verbal restraint, so when a Twitter account named @themichaellohan began writing snippets about family drama and wanting to jump off of the Brooklyn Bridge, entertainment bloggers across the Web figured it was the real deal, popeater.com reports.

Thankfully, it seems the Tweets — like the one that read: "fiance just left me. my family hates me, i spent Thanksgiving with my mom i just cant do any of this any more" — were all bogus, and the father of Lindsay Lohan is still with us, the website adds.



Word of the alleged suicide pleas began to spread on Sunday evening, with sites like Gawker.com and AllieIsWired all jumping on the story, without any confirmation of the truth.

In the Tweets, which have since been erased from the Twitter page, "Lohan" said: "death of father put me in a black hole IDK what to do" and that he was "heading to the brooklyn bridge."

He even sent one to Lindsay's Twitter account, writing: "@lindsaylohan, love you b ye."

Gossip blog Shabooty quickly cleared everything up, as they purportedly received an email from a very alive Michael Lohan disputing the Twitter posts.

"This is not not not me. I do not have and never had a twitter and twitter's corporate office confirms that. My lawyers are investigating," Lohan allegedly wrote to the gossip site.

As far as PopEater can tell, that's all true, as we've never seen a Twitter account linked to him.

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Celebrity tweets

Karl Rove draws the line somewhere, Benji Madden is trying guide the English language, Demi Moore encourages older woman to think sexy, and Pink isn't sure a workout really happens if there's no one around to see it.

- @KarlRove it is a matter of conscience for me that I cannot wear a Snuggie.
- @benjaminmadden I am now Deeming the next decade the 2 10's. if it catches on you will all remember my name. If doesnt you will forget i ever twittered this
- @Pink when i walk in2 a hotel gym and its completely empty, it makes me sorta feel like I don't actually exist. seems really wrong. weird.



METRO WORLD NEWS

Beyonce bemoans her star lifestyle

THERE, THERE RICH LADY Beyonce Knowles admits she's had to give up a lot to become a star.

"I just sacrificed life," she says, according to Hollyscoop. "I haven't had longer than a couple of months off ever in my life, since I was 15."



METRO NEWS SERVICE

Brangelina headed for splitsville soon?

WHO KNEW THERE WERE ANY UNTOLD STORIES LEFT? The days of Brangelina may be coming to an end, according to one writer who says that a Brad Pitt and Angelina Jolie split could be coming "within 18 months, probably sooner."

"I talked to several people in Brad's family who wished they'd break up today," author Ian Halperin tells Page Six.

"They're going to split amicably, work out some kind of arrangement with the kids, and everything will be very civilized."

"Then you're going to see unidentified friends leak stories how Angelina couldn't put up with Brad's partying and drinking and his pot," says Halperin, author of Brangelina: the Untold Story of Brad Pitt and Angelina Jolie.



METRO WORLD NEWS

Laughing at a robbery

POOR RICKY Fraudsters stole more than $400,000 from Ricky Gervais using a photo of his Office character, femalefirst.co.uk reports.

The British funnyman has revealed criminals took the huge amount of money from his bank account and tried to buy gold with it after creating a fake identity card in his name using the picture of geeky office manager David Brent — which had been cut out from the cover sleeve of a DVD box set.

The 48-year-old star was telephoned by concerned bank staff who asked for his permission to contact police, and was later visited by an officer after the fraudsters were arrested and charged with the crime.

"I said, 'How did they think they were going to get away with it?'" Gervais said.



"He said, 'They normally get a passport from either a dead man or steal one and replace it with your details and your picture.' The CID man started smirking, so I went, 'What?' And he showed me this passport.'

"I tell you what, we were laughing for ten minutes."

Kenneth Speight and Craig Reeves are currently facing charges of fraud in relation to this incident.

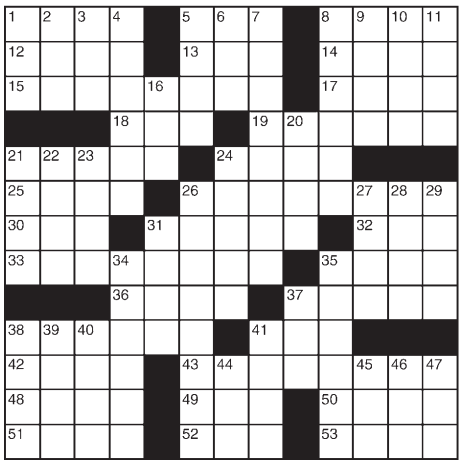
In March 2005, Speight was jailed for two-and-a-half years and Reeves, from Alton, Hampshire, was sentenced for two years for conspiracy to defraud

METRO NEWS SERVICES

The Weather Network
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Today Variable 2° / -2°
Wednesday Mainly sunny 5° / 3°
Thursday Rain 80% 13° / 4°
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Take Five



1 Platter
5 Upper limb
8 — mater
12 Concept
13 Kiwi's bygone kin
14 Bathday cake?
15 Petula Clark classic
17 Dorothy's destination
18 Acorn maker
19 Window in a roof
21 Take as one's own
24 Pop flavor
25 Mr. Crockett
26 Distinguishing trait
30 Corroded
31 Old Aegean region
32 Greet the villain
33 Price reduction
35 Chorus member
36 "The Audacity of —"
37 Sweater type
38 Historical records
41 Feedbag tidbit
42 Volume
43 City building
48 Needle case
49 Leading lady?
50 Falco or Adams
51 Lairs
52 Sprinted
53 Run into
1 Accomplished

DOWN

2 Altar affirmative
3 Stitch
4 Four-poster feature
5 Out of control
6 Tier
7 Guitar's cousin
8 Religious retreat
9 Weaver's apparatus
10 Jerry Herman heroine
11 Unoriginal one
16 Make lace
20 Earthen pot
21 Partner of 49-Across
22 Information
23 Finished
24 "— talk?"
26 Shaq or Kobe, e.g.
27 Competent
28 Campus mil. program
29 Eccentric one
31 Pedestal occupant
34 Light-colored uniforms
35 Country song?
37 Forefront
38 Sleeping
39 Memorandum
40 Common subject?
41 Actor Clive
44 Eggs
45 Citric cooler
46 Tell a tale
47 Allow

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

		4	7		1		9	
8		1	9	6		4		
	5						3	1
3			6		7		2	4
	1			5			6	
2	6		8		9			3
5	8						1	
		2		9	6	3		7
	7		1		3	2		

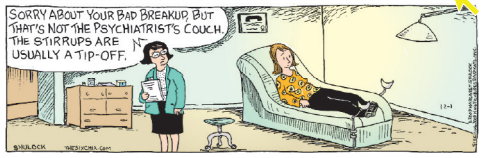
PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



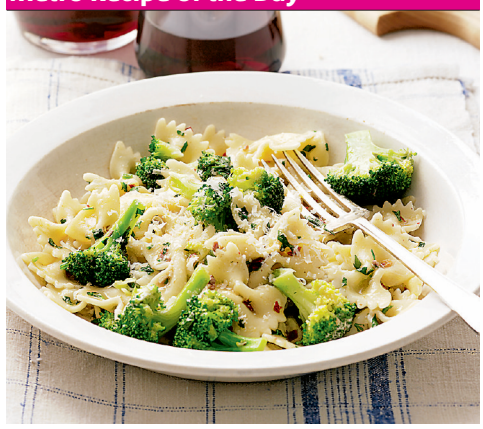
5	7	3	8	2	1	9	6	4
4	1	2	3	9	6	7	8	5
6	9	8	7	5	4	2	3	1
8	2	4	6	7	3	1	5	9
3	5	9	2	1	8	6	4	7
7	6	1	5	4	9	8	2	3
2	8	5	9	3	7	4	1	6
1	3	7	4	6	2	5	9	8
9	4	6	1	8	5	3	7	2

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day



Farfalle with Broccoli and Anchovies

INGREDIENTS:

14 oz (400 g) farfalle
2/3 lb (300 g) broccoli florets
1 3/4 oz (50 g) can anchovy fillets, drained
2 tbsp (25 ml) 1% milk
2 tbsp (25 ml) olive oil
4 large garlic cloves, crushed
Small bunch of fresh parsley, chopped
1/4 tsp (1 ml) crushed chili flakes
1 1/2 tbsp (20 ml) unsalted butter

To serve
Grated Parmesan cheese

METHOD:

Cook pasta according to pack instructions. Remove thick stalks from broccoli florets, then slice in half or quarters for smaller florets. Add to pasta for final minute of cooking. Reserve about 6 3/4 tbsp (100 ml) of cooking water, then drain pasta and broccoli thoroughly.
2. Meanwhile, soak anchovies in milk 5 minutes to remove salt. Drain, then chop.
3. Heat olive oil in warm pasta pot and add chopped anchovies, garlic, parsley and crushed chili flakes. Stir over medium heat 2 minutes.
4. Add pasta and broccoli to pot with reserved cooking water. Toss gently and season with ground black pepper. Add butter and toss until melted. Turn into warmed serving bowls and serve immediately with Parmesan cheese.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
What's going on in your private life is making you a little bit jumpy, not least because you find it so hard to predict what is going to happen next.

TAURUS ♉
APRIL 21-MAY 21
Later in the month, when the Sun changes signs, you will get the chance to do something you have been waiting to do for years.

GEMINI ♊
MAY 22-JUNE 21
If ever there was a right time to impress partners and loved ones and even people in positions of power that time is now.

CANCER ♋
JUNE 22-JULY 22
You may be in inspired form, but no matter how fast your mind is working you are advised to wait a while before trying to turn ideas into reality.

LEO ♌
JULY 23-AUG 23
Anyone who thinks they can trick you into doing something that is not in your interests obviously does not know you too well.

VIRGO ♍
AUG 24-SEPT 22
Too many of the people you have dealings with today will talk and talk some more without actually telling you much of what you need to know.

LIBRA ♎
SEPT 23-OCT 23
Something you hear in passing could benefit you enormously, but only if you have the courage to follow up what you learn with swift and direct action.

SCORPIO ♏
OCT 24-NOV 22
As Uranus, planet of the unexpected, turns direct in your fellow Water sign of Pisces today there will be surprises galore – and all of them good.

SAGITTARIUS ♐
NOV 23-DEC 21
If you need to sit down and talk through certain issues with partners and loved ones now is the time.

CAPRICORN ♑
DEC 22-JAN 20
You will learn something to your advantage over the next 24 hours, but it will only remain to your advantage if you keep the information to yourself.

AQUARIUS ♒
JAN 21-FEB 18
Step back from a situation that is causing you sorrow and ask yourself how important it really is to you.

PISCES ♓
FEB 19-MARCH 20
Uranus, planet of genius, turns direct in your sign today and that is a hugely positive omen. It will certainly open your mind to new ideas.

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Today in history

1913: The Ford Motor Company introduces the first moving assembly line.
1919: Lady Astor becomes first female member of the British Parliament to take her seat (she had been elected to that position on November 28).
1981: The AIDS virus is officially recognized.
1982: At the University of Utah, Barney Clark becomes the first person to receive a permanent artificial heart.
998 – Exxon announces a $73.7 billion US deal to buy Mobil, thus creating Exxon-Mobil, the world's largest company.

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All-Inclusive • Superior rm.
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$1099
+Taxes & other fees (including service charges): $213

Gran Bahia Principe Jamaica • 4 1/2★
All-Inclusive • Junior suite
Feb. 8 & 22 • 1 wk.
PRIVILEGES
$1599
+Taxes & other fees (including service charges): $266

Samana
Gran Bahia Principe Cayacoa • 4★
All-Inclusive • Standard rm.
Feb. 11 & 18 • 1 wk.
$1299
+Taxes & other fees (including service charges): $297

Turks & Caicos via Ottawa
Comfort Suites • 2 1/2★
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Junior suite - Run of the house
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+Taxes & other fees (including service charges): $235

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